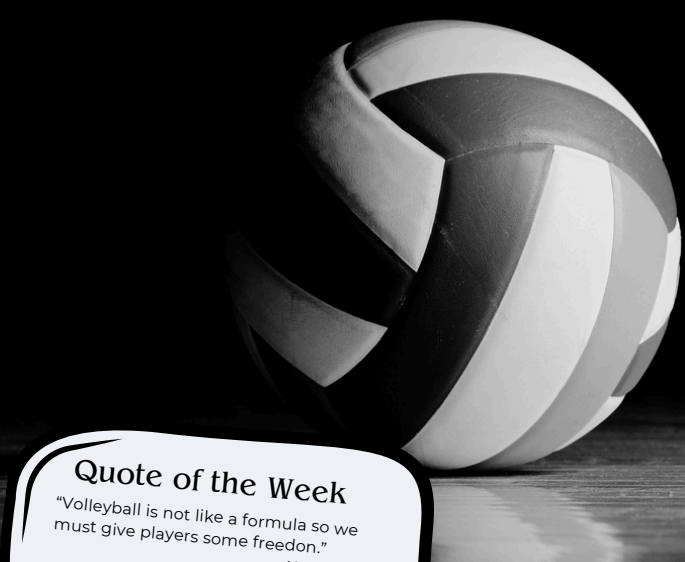


# The Court Chronicles

*"Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting."*  
 -Anonymous



## Sport Parenting 101

Do	Don't
Trust the coaches.	Forget to enjoy the process.

**Quote of the Week**  
 "Volleyball is not like a formula so we must give players some freedom."  
 -Karch Kiraly

## BOOK CLUB

*The Gift of Failure*  
 by Jessica Lahey



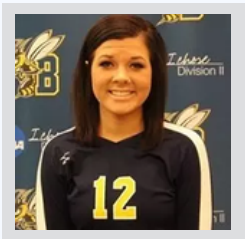
Chapter 8 of *The Gift of Failure* by Jessica Lahey, titled "The Importance of Independence," highlights the crucial role that independence plays in a child's development. Lahey stresses that children need the freedom to make decisions, face challenges, and experience failure on their own to build resilience and confidence. Overprotective parenting, where parents manage every aspect of a child's life, limits their opportunities to grow and learn from mistakes. Lahey explains that allowing children to handle tasks independently—whether it's managing schoolwork, making decisions, or solving problems—teaches them responsibility and self-reliance. These experiences help children develop the skills needed to navigate adulthood with confidence. By fostering independence, parents also encourage critical thinking, decision-making, and self-discipline. Ultimately, the chapter emphasizes that independence is essential for children to learn how to handle failure and succeed on their own terms.

## FROM THE VAULT

Why do we pay so much money for our kids to do all their sports? I have a confession to make; I don't pay for my kids to do sports. Personally, I couldn't care less about what sport they do. So, if I am not paying for sports *what am I paying for?*

**I pay for my kids to be proud of small achievements, and to work towards long term goals.**

## ALUMNI HIGHLIGHT



**Julia Anderson**  
 CCVB and MSUB  
 Women's Volleyball



**Shannon Whalen**  
 NVA and Coach

Kyle's **DAD** Joke  
 of the week!

Why do gorillas have big nostrils?

Because they have big fingers

## Upcoming Games

- 3/13/25** LOVB MAD v. LOVB OMA  
 7pm CST on LOVB
- 3/14/25** LOVB HOU v. LOVB ATL  
 7pm CST on ESPN+
- 3/15/25** LOVB STL v. LOVB ATL  
 4:30pm CST on LOVB  
 LOVB AUS v. LOVB HOU  
 7pm CST on LOVB