



# SAFE RETURN TO PLAY PLAYER GUIDELINES

We believe staying healthy is only possible when everyone is committed. ALL players and spectators MUST adhere to the following guidelines to play. Guidelines will be updated when necessary.





## BEFORE LEAVING HOME

-  Do your COVID-19 self screen
-  If you feel sick or have been in close contact with someone who is sick stay home
-  Grab your water bottle & a snack (no team snacks or team water coolers will be allowed, and use of water fountain is prohibited)
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-  Grab your mask if you are over 10 years (masks are required during check-in and while departing the facility for any player over the age of 10)


## PREPARING TO PLAY

-  When you arrive, check-in with your TSR
-  Masks are required during check-in for any player over the age of 10
-  You are required to wash your hands (soap/water or sanitizer) before joining your team for practices/games
-  Teams must arrive on time and depart game/practice areas immediately upon completion.

## DURING PLAY

-  Players must spread out along the sidelines and respect physical distancing of 6 feet as much as possible
-  Players may choose to use their masks while not in play
-  Players must cover their mouth and nose when coughing or sneezing
-  Do not share water bottles (no team water cooler). Do not share any food (no team snacks)

## AFTER PLAY

-  Physical touch like handshaking, high fives, fist/elbow bumps, and huddles are not permitted
-  Teams must arrive on time and depart game/practice areas immediately upon completion
-  Put all garbage in bins. At the end of the game, leave absolutely nothing on-site
-  Masks are required when departing field or gym for any players or spectators over the age of 10

# SAFE RETURN TO PLAY SPECTATOR GUIDELINES



### INDOORS

- Spectators are not permitted for indoor practices
- Up to 2 spectators per player are allowed at indoor games as long as they wear masks and maintain 6 feet physical distancing
- Spectators are asked to remain in their cars until official game time

### OUTDOOR

- Up to 2 spectators are allowed for outside practices as long as they stay outside the fence and they wear masks and/or maintain 6 feet physical distancing
- Up to 2 spectators per player are allowed at outdoor games as long as they wear masks and/or maintain 6 feet physical distancing. Spectators are asked to remain in their cars until official practice/game time

**DID YOU SIGN THE COVID WAIVER?** All players must have a WAYA COVID-19 waiver signed by a parent or guardian in order to play.

**VISIT [WAYA.ORG/COVID-19](https://waya.org/covid-19) FOR MORE INFO**