

On The Field Commandments

For Parents

- o Be Involved.
- o Be Positive.
- o Communicate with the coach
- o Go to the games, but sit back, watch and cheer. Be positive!
- o Don't coach your child during the games. It only confuses them.
- o Remember: Players are participating to learn, not to win.
- o Ask "Did you have fun, did you try?" not, "How did you do, did you win?"
- o Make baseball a family event.
- o Ask yourself, "Did I have fun?" If you didn't, your child probably didn't
- o Educate yourself on baseball as quickly as your child.
- o Spend 20 minutes a day, three days a week working with your child on baseball.

For Coaches

- o Always place the player first.
- o Communicate in a positive way.
- o Organize practices into groups.
- o Make it fun, not work.
- o Realize the players own limitations and help them to grow on their potential.
- o Remember: You are teachers first, coaches second.
- o Keep practices no longer than 90 minutes.
- o Never do anyone drill for more than 20 minutes.
- o Remember: These are kids, not adults.

For Players

- o Visualize success.
- o Have fun.
- o Play hard.
- o Work on your drills.
- o Remember: Baseball is a game where the best hitters succeed 3 out of 10 times.
- o Throw long distance daily to strengthen your arm.
- o Remember: Academics come first. Colleges for grades and SAT scores first and then if you can run throw and hit.

Everyone Needs to Participate

Parent's Responsibility



- 1.) To Respect, encourage and support every member of the team, the coaches, other players, umpires and each other.
- 2.) To help your son or daughter set goals and priorities for himself or herself.
- 3.) To inform coaches of issues, problems and conflicts as soon as they are known.
- 4.) To keep your temper and emotions in tact-even if your son or daughter, the team or the officials are having a bad day.
- 5.) To be positive, To learn and To have fun.

Coaches' Responsibility



- 1.) To provide an atmosphere and activity that is enjoyable for all participants.
- 2.) To develop the total individual, not just the athlete, with emphasis placed on skill development, teamwork, self confidence and self esteem.
- 3.) To promote baseball excellence while emphasizing good sportsmanship.
- 4.) To provide an opportunity for players to continue to develop their skills.
- 5.) To encourage each boy or girl to strive to become the best athlete he or she can be by learning life skills including self discipline, self control, self confidence and self motivation.

Player's Responsibility



- 1.) To respect, encourage and support every member of the team, the coaches, other players, and the umpires.
- 2.) To fully participate and contribute to the team including attending practices, being on time, paying attention, playing hard and practicing hard.
- 3.) To inform coaches of issues, problems and conflicts as soon as they are known.
- 4.) To be positive, To learn and To have fun.