

*The following policies, practices and conditions are set forth to incorporate guidance from the Centers for Disease Control and Prevention (CDC), the MN Department of Health (MDH), and the federal Occupational Safety and Health Administration (OSHA) into our daily practices at the Edina Schools.*

Knowing that eliminating all risk is impossible, EVBA is committed to providing an environment that is as safe and healthy as reasonably possible for all coaches, athletes, and families. To that end, we have developed the following Safety Procedures and Preparedness Plan in response to the COVID-19 pandemic. We will continually monitor the COVID-19 pandemic; and as it evolves the below policies and procedures will be modified. Any changes to the policies and procedures will be sent in writing to all coaches and families.

By registering with EVBA for the fall 2020 league all adults and guardians of minors assume ALL risks associated with participation including but not limited to exposure to COVID-19. Exposure to COVID-19 can lead to temporary or permanent health consequences and death.

Club Directors, coaches, athletes, and families are all responsible for implementing and complying with all aspects of the policies and procedures in this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our facility, and that requires full cooperation. EVBA's staff is charged with enforcing the policies and this plan during their scheduled training times, with the EVBA Club Director responsible for further disciplinary actions. **All coaches, athletes and guardians will be required to sign the "Assumption of Risk and Liability Waiver" on page 5 of this document as assumption of risk, waiver of liability, understanding of and agreement to comply with all aspects of the below Safety Procedures and Preparedness Plan. Any violations by athletes can result in revocation of facility usage privileges with no refunds given. Any violations by coaches can result in termination.**

EVBA club director, or an appointed staff member, will always be on site to ensure compliance.

### Section 1.01 General Facility Layout for Social Distancing

- 1) EVBA practices, tryouts, clinics, camp, or tourney play will NOT be open to the public. No parents, siblings, spectators, or any additional individuals will be allowed in the gym.
- 2) Players and coaches will be assigned to a small POD (team). Each POD will have 8-9 players and 1 coach. PODS will not intermix but can allow for scrimmages and in-house competition (on Saturday mornings for the In-House League).
- 3) The gym space the Edina School District assigns to EVBA will consist of 2 or 3 courts. Following MDH guidelines each court can have 25 people/court, that includes players and coaches.
  - a) 3 courts – EHS Activity Center
    - i. Courts will be divided by a drop-down wall to prevent access to coaches, athletes, and volleyball onto the other courts.
  - b) 2 courts – EHS Upper Gym, SV Gym 1 & 2, EHS Fieldhouse
    - i. Courts will be divided by a drop-down wall to prevent access to coaches, athletes, and volleyball onto the other courts in the EHS Upper Gym and SV Gym 1 & 2
    - ii. Courts in the EHS Fieldhouse gym will be divided by an open court.
- 4) Practices will be schedule for 1 hour and 20 minutes. After each session, the space will be emptied and all net systems and touched surfaces will be cleaned by EVBA coaches prior to allowing new coaches and

athletes to enter for the next scheduled practice. 20 minutes has been scheduled between each practice allowing for athlete/coach departure and cleaning.

## Section 1.02 Procedure for Arrival and During and After EVBA Sponsored Activities

### ARRIVAL

- 1) Coaches and players are required to wear masks for their duration of their time in Edina School buildings.
  - a) The only mask exception is that athletes can take their mask off while on the court playing in a physically exerting drill/game. Players should wear their mask up until practice on the court has started.
  - b) Coaches are required to wear their mask the entire time they are in the building.
- 2) Coaches and athletes will be allowed entrance into the Edina School gym 5-minutes prior to their scheduled session; absolutely NO earlier. DO NOT congregate outside the gym. There must be 6' of separation between you and others.
- 3) To limit the number of people inside the building parents are asked to do curbside pick up and drop off from door #6 at EHS or the door #10 at South View. An EVBA coach will be waiting at the entrance to greet players and wait after practice at the entrance for players to be picked up.
- 4) Coaches and athletes are required to enter at their assigned door entrance (door 6 at EHS, main entrance at SV). Coaches and athletes will NOT be admitted if they attempt to enter through a non-assigned door.
- 5) All doors will be open and labeled appropriately at Edina Schools and within the practice schedule on the EVBA website.
- 6) Athletes and coaches will be greeted at the entrance door by an assigned EVBA staff member who will-
  - a) Take and record attendance.
  - b) Take and record temperature.
  - c) Direct athletes and coaches to use hand sanitizer (provided by EVBA).
  - d) Direct athletes and coaches to their assigned court.
- 7) Coaches and athletes entering Edina Schools will be required to leave all extra items including bags, purses, additional clothes, shoes, and all other personal items locked in their car. Be sure to take normal precautions including locking valuables in the trunk or out of sight in a vehicle that does not have a trunk. It is recommended to leave all items of value at home. Exit your vehicle ready to practice or train. If an athlete drives themselves to practice or training, they are required to place their keys and driver's license in a Ziplock bag next to their water bottle. EVBA will supply a Ziplock bag.
- 8) Once athletes and coaches arrive to their court, they should NOT leave the court unless there is an emergency.
  - a) Only in an emergency should the restroom be used.

### DURING

- 9) Athletes will be required to bring their own, FULL, water bottle and keep their water in a socially distanced box labeled on the gym floor against the wall. Use of water fountains will NOT be allowed.
- 10) All volleyballs and ball carts will be disinfected before each practice.
- 11) All Coaches and Staff are required to wear a face mask at all times while in the facility.
- 12) Players must have masks on at all times, unless participating in physical activity on the court.
- 13) No handshakes, high fives, fist bumps, nor other physical interaction.
- 14) All huddles and coaching will occur with a minimum of 6' of distance between all athletes and coaches.
- 15) All drills utilized will be developed by EVBA coaches to assure a cohesive training method with a strong emphasis on social distancing. Play will mostly focus on individual skill development.

## AFTER

- 16) At the conclusion of practice all coaches and athletes will be required to use hand sanitizer provided by EVBA.
- 17) Players must wear a mask while exiting the building.

### Section 1.03 Screening and Policies for ANYONE exhibiting Signs and Symptoms of COVID-19 || entering or within Edina Volleyball Association Facilities.

All coaches, athletes and families are required to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess health status, of all, prior to entering facilities. This process is not all encompassing and does not guarantee the health of any individual participating in EVBA activities.

- 1) All individuals entering the facility will have their temperature checked at the entrance door and only individuals with a temperature lower than 99.5 degrees will be allowed to enter the facility.
- 2) All individuals entering the facility will be required to be cold/flu/COVID-19 symptom free for three days prior to entrance. If anyone is displaying any symptoms of the above, they must be kept home. If, upon their arrival or during their training time they display any of the above symptoms they will need to leave the gym and must be picked up by their parents immediately. Athletes that could have come into contact with the athlete displaying signs of illness will immediately disinfect their hands and arms and resume training once the court has been disinfected.
- 3) Should anyone participating with EVBA, coach or athlete, be diagnosed with COVID-19, they should immediately contact the EVBA Club Director and follow proper healthcare procedures as laid out by their health care professional, including quarantining. Athletes, coaches, and staff must have, in writing, signed, clearance from their health care professional to resume activity after a COVID-19 diagnosis OR the original, dated, "order" to quarantine with the specified duration from their health care professional so EVBA can verify their compliance with that "order" upon their return.
- 4) EVBA will inform the POD/team of any positive COVID-19 diagnosis.

### Section 1.04 Contact Tracing

- 1) Records of individual attendance at EVBA activities will be kept and provided to health authorities upon request to allow for contact tracing should it be necessary. Upon official request, parent contact information will be provided.
- 2) Information will ONLY be provided to government/health authorities, it will not be shared with coaches, staff, athletes, or families. Government/health authorities will contact individuals to relay any additional actions that must be taken. Because EVBA's staff are not licensed medical experts, other than in direct cases of diagnosis, EVBA's staff will not implement additional mandatory quarantine of secondary or tertiary contacts. However, athletes/families/coaches are required to notify the EVBA Club Director if they are ordered to quarantine by a government or health authority; and that order must be adhered to by the athlete or coach.

### Section 1.05 Handwashing

Basic infection prevention measures are being implemented at all times.

- 1) Before arrival to the facility, all individuals, coaches, and athletes, are required to wash their hands and arms for at least 20 seconds with soap and water before practice begins.
- 2) Hand sanitizer will be utilized before, during and after practice to disinfect hands and arms.

## Section 1.06 Respiratory Etiquette

Just a reminder of basic respiratory etiquette while attending EVBA activities.

- 1) It is recommended that you cough or sneeze into your practice t-shirt to reduce any possible initial viral spread.
- 2) Avoid touching your face, in particular mouth, nose and eyes, with your hands. If you do touch your face, cough or sneeze into your arm or shoulder you are required to immediately leave the space and disinfect your hands/arms.
- 3) Dispose of tissues in the trash and wash or disinfect hands immediately afterward.

## Section 1.07 Housekeeping

Housekeeping practices are being implemented, including routine cleaning and disinfecting of all surfaces, training equipment, and practice areas. Frequent cleaning and disinfecting will be conducted in high-touch areas.

- 1) We will disinfect all volleyballs and carts before each practice.
- 2) We will disinfect the equipment between each practice.

## Section 1.08 Communication and Training

This COVID-19 Safety Procedures and Preparedness Plan was communicated to all coaches and necessary training was provided. Additional communication and training will be ongoing, and updates provided to all coaches, and where necessary relayed to all athletes and families.

Section 1.09 Assumption of Risk and Waiver of Liability

Edina Volleyball Association (hereafter referred to as the “Club”) has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in Club’s gym environment; however, the Club cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at the Club could increase your risk and your child(ren)’s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Club and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at the Club may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Club Directors, Coaches, Athletes and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at the Club or participation in Club programming (“Claims”).

On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Club, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club activity.

Participant’s Name(s): \_\_\_\_\_

Participant’s Signature (if 18 or older): \_\_\_\_\_

Parent/Legal Guardian Name(s)(for participants under 18): \_\_\_\_\_

Signature(s) of Parent/Legal Guardian: \_\_\_\_\_

Date: \_\_\_\_\_