



DANCE INFORMATION

I'm so glad that you're interested in HYFA DANCE! We're made up of recreational dancers that learn to dance on the sidelines as well as build leadership and character in your growing dancer. You'll find us practicing during the week, dancing on Saturdays, and popping up in our city's parades! We love to show our Tiger Pride!

HYFA Dancers will learn routines that incorporate different dance styles (pom, hip-hop, and jazz) as well as technical work (jumps, leaps, kicks, turns, and splits) for game performances. *Fitness and flexibility will be key to your dancer's success.* Short sideline chants will also be performed during game performances.

Registration for HYFA Dance is open through the end of June. Late registration is available through July 7 with an increased price. We unfortunately must cut off registration at this time to allow time for uniforms to come in for all our participants.

If you are new or returning to HYFA Dance, you need to register and follow HYFA on Facebook & our website at hernandoyouthfootballassociation.com for more information as to when dance practices will begin. Also, be sure to sign up to receive HYFA Dance information right on your phone! Text the message @hyfada to the number 81010. **Once registered, you will receive an email with uniform ordering information. You must complete the online ordering and submit order payment to HYFA by July 7th. Anyone who does not complete ordering and payment is not guaranteed to receive their order by our season opener.**

If you danced during the 2019 season, HYFA Dance 2020 will have new uniforms! All dancers will need to order a new uniform package. *Uniforms used in the past will not be used this year.*

If you're new to HYFA Dance, here's a few things for you to know:

Registration is \$80 through the end of June. Registration increases to \$125 between July 1-7! Make sure you've signed up and paid your registration fee before the deadline. Your registration fee helps cover field use and insurance as well as some dance extras. In years past, dancers received backpacks, t-shirts, and jackets. The extras for this year are still in the works.

We use Varsity for our custom dance uniforms. Our HYFA dancers must complete a virtual fitting as soon as registration is complete. Once registered, you'll receive an email with all the details. Please keep in mind that the cost of the dance uniform package is in addition to the \$80 registration fee/\$125 late registration fee. Unfortunately, HYFA must collect the full amount for the dance uniform package, as HYFA must pay for all uniform packages up front when they order them. Please plan approximately \$156.05 **cash/check/card** for the dance uniform package. The uniform package will include the dance uniform, hairbow, and poms. (The only additional items you will be responsible for are: black dance sneakers, leggings/tights, and a bodysuit for cooler weather...your dance coach will discuss these items with you.)

HYFA Dance is open to participants ages 9-12 as of August 1st. The number of dance teams will depend upon the number of dancers registered.

Practices are held normally during the week, with games occurring on Saturday's in September all the way through the first part of November. Games may be scheduled in Hernando or neighboring cities and can occur anytime between 8 am and 4 pm. Normally the dance teams perform at either 9-10 or 11-12 year old football games, which are usually scheduled later in the day. HYFA Dance will possibly have a camp and the end of July and begin practice shortly after school begins. Practice will be held twice a week until games begin, then practice will be once a week with games on Saturday.

If you still have questions concerning registration or anything else HYFA related, please feel free to let us know.

Amy Lofton

Dance Director

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Important dates to remember:

June 30th deadline to sign up and complete \$80 registration

July 7th deadline to sign up and complete \$125 registration

July 7th deadline to complete uniform ordering and submit \$156.05 payment to HYFA

Dance camp TBA

SIGN UP TO RECEIVE IMPORTANT MESSAGES REGARDING

HYFA Dance 2020

Text the message [@hyfada](#) to the number **81010**.

If you're having trouble with **81010**, try texting [@hyfada](#) to **(314) 643-9818**.

** Standard text message rates apply.*

