



MidAmerica Sports Center
1906 Watterson Trail
Louisville, KY 40299

MidAmerica Sports Center Volleyball Tournament “Return to Play” Guidelines & Protocol

1. **OVERVIEW:** The following plan has been prepared in response to the COVID-19 Pandemic in order to provide a safe environment for MidAmerica Sports Center Employees, Event Participants and Spectators. Many of these actions are based upon current guidelines set forth by the Kentucky Healthy at Sports Guidelines in conjunction with those set forth by the Center for Disease Control and Prevention (CDC), Federal, State and Local Agencies.
2. **PURPOSE:** To create a comprehensive plan with detailed actions to be taken before, during and after Volleyball Tournament competition.
3. **ILLNESS POLICY:** To keep our participants and employees safe and healthy, we ask anyone to stay home if they exhibit any illness symptoms or simply don't feel “well”. If you are ill, or someone in your family is ill, please stay home.
4. **ENTRANCE/EXIT:** All facilities will have a separate entrance and exit plan in compliance with social distancing.
 - a. **Entrance**
 - Floor markers will be placed for space distancing in the entrance.
 - Each participant/spectator will be prompted to use hand sanitizer when entering the facility.
 - There is an onsite non-touch thermal temperature check of all people entering the facility – Staff, Players, Coaches, and Spectators. **Any person with a temperature of 100.4F degrees or higher will not be allowed into the facility.**
 - Players, Coaches and Spectators will be permitted to enter the Facility 30 minutes prior to scheduled game time or once the court is Cleared from the pool before, whichever is the later.
Two spectators per player.

- **Mask:** All Players, Coaches, Officials and Spectators must wear mask when entering/exiting the facility.
- **Spectators and Coaches** must always wear mask while in the facility.
- **Players** may remove mask during warm-up and while actively participating on the court during the game. At any time, a player is not actively participating in the game, they must be on the bench with mask on. Masks are not required while participating on the court but strongly recommended.
- **Refs** must wear mask at all times
- Social distancing will always be enforced.
- Plexiglass screens will be used at Concession Stand.
- Please continue to help prevent virus spread as consistent with CDC guidelines:



WASH HANDS
Well and Often



COVER
Mouth and Nose
When sneezing or
coughing



AVOID
Handshakes and touching
eyes and face

b. Exit

- At the conclusion of each pool/wave, Team Coaches, Players and Spectators must leave the facility promptly using designated exits.
- Hand sanitizer stations will be made available at each exit.

5. FACILITY RATIO / GROUP SPACING

- a.** We will always uphold the recommended occupancy to the recommended square-footage ratio.
- b.** While attending a session, participants are required to stay, at a Minimum, of 6 - foot distance from one another always. We will maintain separation of participants with their equipment from other participants.
- Spectators must maintain Social Distancing Requirements. Family members may sit together.
 - Available Stadium Seating on Court A at Watterson Trail will be clearly marked. Social Distancing Requirements must be maintained in designated available areas.

6. GAME PROTOCOL

- Coaches are permitted to bring balls for warm-up. Game Ball will be provided. Game Ball will be sanitized before, during game breaks and after each game.
- Coaches must always wear mask.
- No Switching of sides between sets.
- Players and Officials must wear mask when entering the facility and at the Conclusion of games. Mask are not required during competition, but strongly recommended.
- Pre-match handshake protocol will be eliminated. We will just have the teams' line up to start the match when the ref waves them on to the court. Teams can get in their starting spots and then wave good luck to the other team or make a verbal good luck and then we will continue with play.
- Post-game protocol will be at the conclusion of the match, the First Referee will send teams, players and coaches to the end lines. The R1 will then beckon them to proceed to their respective ATTACK lines (not centerline) to exchange greetings and congratulations from there.

Some other points of emphasis:

- Players need to be conscious of their hands during team huddles and timeouts.
- During substitutions, players should not touch hands
- Scorers should bring their own pens and pencils.
- Players should replace their usual “high-fives” with individual celebrations (clapping hands)
- Athletes and coaches acting as an R1 or R2 should clean their hands before popping their whistle (which also needs cleaning) into their mouth.
- **If a player or parent has a fever or is suspected of being ill, they should stay home.**
- Pick up and dispose of your drink bottles. Do not leave those at the bench
- Wash your hands throughout the day and certainly before you eat or drink.

There will be extra hand sanitizer stations, extra cleanings and extra efforts by the center to help alleviate any concerns, including posting good hygiene practices.

7. STAFF PROTOCOL

- All Staff will be knowledgeable of the new guidelines in place prior to the start of their shift and adhere to the “Illness Policy” outline in Number 1 of this document.
- Masks will always be worn by all staff members.
- Onsite non-touch temperature check and health questionnaire will be administered upon arrival. **Any person with a temperature of 100.4F degrees or higher will not be allowed into the facility.**
- All will be required to complete the new COVID-19 waiver.

8. Facilities

a. Restrooms/Locker Rooms

- Restrooms will be limited to ensure physical distancing.

b. Concessions

- Plexi-glass shields will be installed to separate the customers from staff.
- All kitchen staff will be required to wear a mask and gloves at all times.
- Hand washing and a change of gloves will be required regularly.
- No Outside Food or Drinks. Players may bring in a water bottle.
- Water fountains will be closed.

c. CLEANING / DISINFECTING

- All courts, balls and carts along with any other equipment being used for training, will be sprayed using (1 of 2) Clorox 360 Pro Electrostatic Disinfectant Sprayer (utilized in hospitals, etc., picture attached) between each session.

