

Welcome to Port Orange Volleyball

Growth through Volleyball

Port Orange Volleyball Club (POV) is a member of USA Volleyball, the national governing board for volleyball in the United States. USA Volleyball works in conjunction with the International Volleyball Federation to provide equal opportunities and maximum enjoyment for participants and spectators, while maintaining the values of fair play and peaceful involvement. As a part of USA Volleyball, POV and its members must adhere to the rules, standards, and code of ethics as established by the national governing body.

Teaching Life Lessons

POV is committed to providing a healthy environment for players of all ages and skill levels to grow. We feel the sport of volleyball offers many opportunities to teach lessons that will help players succeed on the court and in life. As an organization, we vow to make decisions based on the best interest of the student-athlete. Honesty, integrity and discipline are cornerstone values of life and are equally important to success in sports.

Our VISION

We are Volusia County's only premiere non-profit indoor and beach volleyball training program with dedicated coaches, players, parents and community partners. We strive to teach and foster the qualities of productive citizens such as commitment, sportsmanship, integrity, and service so that our participants are more than just quality volleyball players but quality people.

Our MISSION

To provide the youth in our community a chance to compete, train and grow as student-athletes through the sport of volleyball.

Team Levels, Expectation and Selection

In order to meet the needs of the community, we will be offering several levels of instruction within our organization. We will offer teams that compete at the local, state, and national level for the club season, as well as camps, clinics and leagues throughout the year. We feel this structure enables us to offer all levels of volleyball to the athletes in our community. Although a strong focus of our program will be to offer the training required to play at the college level, we want to share our love of the game with all interested players from the beginner to the elite athlete. We will provide every player the opportunity to reach his or her personal goals involving the sport of volleyball whether it is to play at a collegiate level, improve as a high school player, or achieve a higher level of physical fitness.

The Elite Program:

This program is for the athlete who has a strong desire to play volleyball in college. The athlete must be fully committed to making volleyball a number one priority over other activities. The members of our elite teams may travel out of state to participate in tournaments where they will compete against the top teams in the country. The players on our elite teams must have the desire, athleticism, and skill level required to compete with the strongest college prospects.

The Regional/Local Programs:

This program is designed for the player who may also have an interest in playing volleyball in college. The athlete must be willing to make the sacrifices necessary for her/his progress and that of the team. While not quite as intense as the national program, these teams are still very competitive. The members of our travel teams will compete in one-day and multi-day events,

and other competitive events.

The Developmental Program:

We offer these programs for the young athletes who want to learn the basic fundamentals of volleyball. These athletes may have interest in playing on their middle school or high school team and may have some interest in playing in college. This is also a great program for beginners or younger children.

The Evaluation Process

Athletes who wish to play for a POV Elite or Regional team must be at all of the appropriate evaluation session(s) to ensure a fair evaluation. All athletes who attend the evaluation session will be evaluated according to the following criteria: physical ability (volleyball and athletic); attitude of the athlete as evaluated by the coaching staff; the financial and time commitment the family is willing to make; past history of team loyalty and the athlete's eligibility due to the age requirements as determined by USA Volleyball. Athletes who cannot attend the evaluation session will be placed as best as possible based on previous knowledge of the athlete and space available. There are no guaranteed roster positions for athletes who do not attend the scheduled evaluation. Athletes will be put through a workout that will help the coaches determine the athlete's placement within the club. The athlete's placement is the sole responsibility of the coaches of POV and is not subject to appeal to the Board. Following the evaluation session, team lists will post. Probable head coaching assignments will be listed with each team roster. Staff assignments are subject to change due to number of teams formed and/or staff availability. Players and/or parents accept their team assignment by submitting a signed Season Contract and first tuition payment. The season contract outlines the payment schedule, outlines the policies associated with tuition payments, and confirms that the parent has read and understands the organization handbook.

Coaching

One of POV's goals is to provide experienced, quality coaches who can aide athletes in developing volleyball skills, systems knowledge, and team dynamics. The Director will make all final coaching assignments. Factors considered in coach placement include, but are not limited to: experience, tenure in the organization, volleyball knowledge, training ability, and interpersonal attributes. The goal of placement is to match the personality of the coach with the athletes on the team while meeting the professional goals of the coach and the organizational goals of POV.

All head coaches must be at least 18 years of age at the time of employment. All coaches will be IMPACT/SafeSport certified; will have an application on file; will be registered with USA Volleyball as a coach; will have gone through a background check; and will have a copy of the USA Volleyball Coaches Code of Ethics on file.

Commitment to our program(s):

- 1- **Commit Fully** - We are looking for athletes who are willing to commit fully to our program. Before the athletes decide to try-out for POV, they must decide if they are willing to make the commitment involved. We expect all of our team members to attend every practice and every tournament. We feel strongly that our players must be student-athletes, and we believe that learning to plan and budgeting your time is one of the great benefits of athletic training. Lack of practice attendance may affect playing time at tournaments as missed training time may affect the wellbeing of the team and the individual Education certainly comes first, however, you will

know your practice schedule in advance, and therefore, we expect the players to plan their study and homework time around their practice schedule. The only excused absence from practice or tournaments would be an illness or a mandatory school event.

The POV tournament schedule for the year is provided at the beginning of the season, and athletes should plan any other extracurricular activities around this competition schedule. Because we value the education of our student-athletes, in the event of an away tournament, we may have a study hall where everyone will be required to do homework. If a player does not have any homework, they will be asked to bring a book to read. Players who participate in other activities or sports, must put their club volleyball practices and events before all other activities and events. They must also communicate with their head coach about these events and potential conflicts. Their head coach makes the final decision regarding the athlete's participation in or lack of participation with these events outside of POV.

- 2- **ALL TEAM, ALL THE TIME** - Volleyball is a TEAM sport and like any team effort, the success of the team, as a whole, depends on the individual members coming together and giving their best effort. We feel that lessons learned from making a commitment, being part of a team, and making some sacrifices in a program like ours can be carried over into other aspects of our athletes' lives. We want our players to understand the definition of TEAM-- a group of people that come together to make a common goal become reality. As part of a TEAM, you must put individual needs aside for the good of the team, or the team is destined to fail. Individual glory is nothing compared to team success. We want the players to know that we are "ALL TEAM, ALL THE TIME". Being a part of a team within a larger organization and making sacrifices and commitments to help that team achieve success is possibly the greatest lesson to be learned from athletics.
- 3- **Parental Support** – It is important that our parents and families support their athlete by providing a positive environment that is conducive to growth. We expect our parents to be their child's TEAM's biggest fan when they win and especially when they lose. Parents should wear their spirit t-shirts at events to support the team.

Parent/player guidelines for maintaining a positive attitude and displaying good sportsmanship:

1. Cheer enthusiastically for your child. Be supportive with by refraining from criticizing him/her, the coach or teammates.
2. Encourage your child to seek their own answers. We are teaching these young athletes to have their own voice and be comfortable with conflict resolution appropriately. This is a life skill that, when done properly, will serve them well throughout life.
3. Think twice before criticizing anyone connected with your child's club or team. Criticism is contagious and destructive. It casts a negative light on all involved, especially on the person doing the criticizing. The damage can be irreversible and will destroy a team.
4. Be aware that your body language on the sidelines does affect your child's performance.
5. Do not coach your child. It is counterproductive and causes burnout from over- coaching. Your child will excel on encouragement from you and correction from your coach.

In the spirit of working together as a team, POV may need parent volunteers to assist us throughout the year. As much as we would like to, we cannot do everything, and still do everything well! We have a vision of tremendous success ahead of us, but we will need several helping hands along the way to make that happen. Parents will sign up to volunteer at our future hosted events and to participate in fundraisers, socials, etc.

Once the teams are selected, we will be choosing a parent from each team to assist as a team chaperone/team mom or dad who will work hand in hand with the coach. This person will assist the coaches during our travel and assign duties to other parents to make sure the team has its needs met. We prefer this person to be a parent that attends most practices and tournaments as we will also use him or her to pass information on to the other families on your team. The team Chaperone will also need to get an AAU and an USAV membership. In return they will be able to enter with the team at no cost to MOST major tournaments. We welcome and appreciate any support you can give us to make this the best year possible for our players, families, and coaches.

We hope that you will find POV to be an excellent program, worthy of your support for the coming season.

Registration

Registration is required before participation in any POV tryouts or programs. To register:

1. Visit our Website www.portorangevolleyball.com to access all electronic registration forms. [SEP]
2. Establish a Sports Engine account to register your player profile. [SEP]
3. AAU membership is required to register so please visit www.aauvolleyball.org. A printed copy is also due at tryout time and a copy of the child's birth certificate. [SEP]

Dues and Fees

Upon accepting a team assignment, I understand that I am responsible for all fees due by the player. POV cannot hold a place on a team without the deposit. Your dues/fees include, but are not limited to:

- Training and coaching
- Tournament entry fees
- Uniforms
- Administrative fees and office expenses
- Coaching
- Coaches travel and lodging expenses
- Facility rental
- Strength and Conditioning

Financial Agreement

A verbal or written commitment to POV binds the athlete to Port Orange Volleyball Club until the end of the respective club season or until the player is released by POV. Although monthly tuition installments are allowed for Elite and Regional teams, the services rendered under the contract and the remittance of payments for service is not an installment contract nor are they severable. By signing the contract, the athlete/parent commits to pay the tuition for the entire season.

POV will send monthly statements via e-mail. A \$10.00 late fee will be applied to the account if payment is not postmarked or delivered to the Administrator or Director by the payment due date. Accounts that are more than one month late will have the previous charge applied and will accumulate a 1% interest surcharge per month compounded monthly on the due date.

Everyone must have a credit card on file for payments unless tuition is paid in full when you accept a position in a team.

No player with a delinquent account will be allowed to train, travel, or play in tournaments.

Once payments are made to Port Orange Volleyball Club, they are **non-refundable/non-transferrable**. Athletes who experience a season-ending injury/illness can appeal to the board to be released from contract. Athletes must provide medical documentation to support their appeal. If the board accepts the appeal, they will also determine the pro-rated amount the athlete owes for the season. If the amount due has not been paid, the athlete will be expected to pay the balance owed. If the amount due has been overpaid, the remaining balance, less and applied discounts, will be held on account to be used as credit toward future team or camp tuition. POV will retain the player commitment for the duration of the season (no releases will be granted for the athlete to participate with another club).

Fundraising

The ultimate goal at POV is to be able to provide the opportunity for all youth to be able to learn and play volleyball. With that said, players and parents are required to participate in all fundraising events. We also encourage all players and families to seek out business partners through our business sponsorship program to offset out of pocket costs. However, deadlines must still be met in order for your child to participate.

Financial Aid

As a young program we have extremely limited financial aid available. We hope to continue to raise monies this year to assist families with financial hardships in the future.

Player Commitment

Athletes selected for a team will be expected to commit to the team and make a formal commitment to our organization with USAV on or before the dates we specify. This commitment includes signing the Parent/Player Agreement Form and payment of the initial deposit due. After signing the USAV commitment, no release will be granted unless the player moves out of the Port Orange area (60 miles or more away).

Keep in mind that once you commit to a USAV organization, you are committed by USA Volleyball to that organization and you cannot change clubs during the season.

The most rewarding achievements and accomplishments in life are typically those that are the hardest to achieve. The same is true on the court. We have mentored successful collegiate volleyball players and successful professionals in our community. We constantly get correspondence from past athletes thanking us for the lessons they learned on and off the court. We will not promise that playing for POV will be easy, but we will promise that it will be rewarding and that it will your child develop into strong, confident, and motivated young adults.

We are looking for families that will support these core values and want to be a part of a family that will come together for a common goal of building athletes of character through the sport of volleyball. We take this responsibility very seriously and consider it an honor to train athletes for this purpose.

The success of each team depends on the commitment of all members of the team. Accepting a position on a POV Elite or Regional team indicates a commitment to all travel tournaments.

Registration

In order to participate in any of our tryouts or programs, you must first register.

4. Visit our Website www.portorangevolleyball.com.

All forms are in electronic form when you register. ^{SEP}

5. Players must have a Sports Engine account to register (it is free to register with Sports Engine). ^{SEP}

6. AAU membership is required to register so please visit www.aauvolleyball.org. A printed copy is also due at tryout time and a copy of the child's birth certificate. ^{SEP}

Discipline & Respect

POV coaches and staff expect all athletes to treat ALL coaches, staff, parents, POV players, tournament staff, opponents, referees, and all adults with exceptional courtesy and respect at all times. We also ask that our coaches set a high standard for behavior at all times.

When we enter a facility, we want to be recognized as a respectful and disciplined group. This is not to say we cannot have fun, but there is a time for fun and a time for discipline. As we travel throughout the country, we want people to remember POV as a unique group within the volleyball community. Parents or Athletes that disobey POV and/or USAV rules, may be disciplined or expelled from our programs. Athletes found to be in possession of alcohol, tobacco, or illegal drugs at any practice facility, tournament facility, or POV sanctioned event will be immediately expelled from the organization. If an athlete is expelled, there will be no refund and balanced will have to be paid in full. We want the players, parents, and coaches to be proud of our organization and we think discipline and respect for others is a great way to achieve that goal.

Parents or family may attend practices and events as deemed appropriate by our staff members, however, they may not video any of our practices or of our players and staff members. This is a violation of privacy, and completely inappropriate. Coaches may video a player to show technique and give critique, or we may use our footage for promotion of our club and for social media purposes to support the club and the girls. In addition, anyone who cannot conduct themselves in a respectable manner may be asked to leave the gym and they must do so immediately. Practices will be closed at that point on. POV's coaches reserve the right to close practice at any time.

A few things to remember:

- 1) Disrespect towards kids, coaches, our club towards each other will not be allowed or tolerated.
- 2) Parents may never address an officiating team, cause a delay in a game or question an official at any event, especially in an aggressive manner.
- 3) Players should attend any and all events unless contagiously ill or medically unable. If a child is able to attend school, they can attend practice. Homework is not an excuse to miss practice.
- 4) Conflict resolution is effective when it is done in a non-confrontational, positive and courteous manner. False accusations by parents or players demonstrate disrespect to teammates, coaches and parents. Such statements will not be tolerated as it jeopardizes the fabric of the team and may result in your child being expelled from the team.
- 5) POV success is based on the loyalty of our families and the commitment of our athletes. Club hopping is discouraged by USAV and college coaches.

Attendance Policies

- As stated in the Commitment section, practices are mandatory for all players. If you can attend school, you should attend practice.
- There are no exceptions for schoolwork or homework, it is the athlete's responsibility to balance school work with practice.
- If a player is injured we feel he or she should still attend all practices. You may not be able to participate, but every practice gives you the opportunity to learn valuable lessons. Your team and coach will appreciate your support.
- You must arrive at the practice facility at least 15 minutes prior to the start of your practice. This will allow you to perform any pre-practice duties and warm-ups so you can walk onto the court at your scheduled time ready to go. It is disrespectful to your team and your coach to arrive late, so plan your travel time accordingly.

We REQUIRE that all players wear their practice shirt and spandex to every practice in order to participate. It shows discipline and builds team unity and a consistent look within our academy. The team will have a team consequence for not complying with the team uniform. We ask that players remove all jewelry for safety reasons. We do not allow gum chewing in our facilities. If a player has to miss a practice for any reason, he/she must notify the coach or assistant coach prior to their practice time. It is the responsibility of the athlete or parent to notify the coach of any scheduled team event that the athlete will be missing with at least one week notice for practices and two-week notice for tournaments.

When an athlete has six absences during the season, the Coach and Director will conduct a review to determine if that athlete should remain with the team and could be moved to a different team or removed from our program. Missing more than one half of a practice counts as an absence. All absences from practices will be evaluated on a case by case basis. Attendance at practices and tournaments may affect playing time. It is at a coach's discretion to determine how much playing time is earned through practice time. Failure to practice could result in not participating in tournaments. Attendance is mandatory.

Missing a part of any tournament counts as one absence.^[SEP] Attendance at National Qualifiers and Regionals is mandatory.^[SEP] The Coach and Director will evaluate all tournament absences on a case by case basis. Transportation to practices and tournaments will be the responsibility of the parents.

Tournament General Policies

We expect our players (and parents when applicable) to follow the guidelines set forth at all tournaments. Disobeying the rules will result in discipline and possible expulsion.

We want POV to stand out from the crowd as being disciplined and respectful. By focusing on even the simplest things like standing at full attention without talking during the National Anthem, clearing the trash from both benches after a game, and taking reffing extremely seriously this will help demonstrate discipline and respect.

Players will be told what to wear to a tournament, including jersey warm up gear, prior to the tournament. This will provide a consistent look with all the teams within POV team. We want the players to know that the only way we want them to stand out from the other players on their team is through their individual performances, not through their personal style.

At local events, players should meet in the lobby of the facility, in required uniform, and walk in together. At travel tournaments, players will meet in the lobby of the hotel, in full uniform, and go

to the venue as a group. Once inside the venue, the players will pick out a spot to line up their bags in a neat and orderly fashion. It looks good, sends a message of strong discipline, and will help keep backpacks from getting misplaced or lost.

Players are expected to be ON THE COURT one hour before their playing time (45 minutes if you ref first). Your coach may require you to arrive earlier if we are traveling more than an hour away from our home base. You will be notified of wave/play assignments as soon as the information is available. Quite often that is only a day or two before a tournament. All players on the court are required to wear matching uniforms (except the libero jersey). Be sure to take care of your uniform as we do not have replacements and they are difficult to replace in a timely manner. Loss of a uniform will most likely result in a player's inability to play in tournaments until it can be replaced.

When assigned to referee a match, the entire team must stay until the match begins. The scorekeepers will be at the table, the line judges will meet with the Ref, and the rest of the team will shag balls for the competing teams as they warm up their hitters. These are all small gestures, but they will be noticed and appreciated.

While at tournaments and other events, athletes are expected to stay together as a group and be prepared to play or perform officiating duties at a moment's notice. All athletes must attend a referee clinic at the beginning of the season so that each athlete will be trained to help referee the games. Unless you are in the final match of the tournament, you will be reffing before you go home. ALL players must remain with the team, even if they are not assigned a duty during that match. The entire team stays together until ALL play is complete and a team meeting is held. We arrive as a team, and we leave as a team...remember...ALL TEAM, ALL THE TIME!! No player should be allowed to leave a tournament early without an exceptional reason. We also expect that each team member will have her/his fair share of duties throughout the season. After a match, win or lose, good or bad officiating, coaches, players and parents must show sportsmanship.

Teams will be asked to eat together as a group at all times. That includes breakfast and dinner at all travel tournaments and the lunch/snack between matches. When at restaurants, the team and coaches will sit together at one table or seating area. Parents are invited to team meals, but will be asked to sit with other parents. **It is important that the players do not break off into small groups or go off with their parents during this time.**

If someone needs to leave the group, he/she must first notify the coach and explain the severity of the situation and the need to break the rule of staying together. At away tournaments, (whenever an overnight stay is involved) players may be required to attend a study hall. Players must bring schoolwork or something to read, or study, during this time. This is required since the student-athlete may be missing some school time and will not have time to study if we do not allot time for them to study as a group.

We expect players to dress modestly and respectfully during non-playing times. If any issues arise, we expect the chain of communication between players and coaches to be implemented which is as follows:

- 1st - Player meeting with head coach
- 2nd - Player meeting with club director
- 3rd - Parent meeting with club director or head coach (after practice or tournaments).

Any player who wishes to file a complaint may do so by first submitting it in writing to the club director and then requesting a meeting with any other staff member.

Conduct unbecoming of an athlete will not be tolerated at any POV event. This covers a wide variety of circumstances, for example the use of profanity, rude gestures toward anyone, disrespect of anyone's property, etc.

During competition, we expect the student-athlete to:

- Learn that both winning and losing are part of the game and learn to accept both gracefully.
- Be modest in victory; gracious in defeat.
- Not use illegal tactics in an attempt to win a game or match.
- Have complete control of yourself at all times, whether on the court or the sidelines.
- NOT use any profanity
- Respect the decision of the officials.
- Treat everyone with respect and dignity
- Act according to the rules of the sport.
- Strive for honesty and integrity in their statements and actions.
- Understand that playing time at tournaments is NOT guaranteed. At tournaments please understand that the coaches are doing their best to distribute playing time but the main focus is team success.
- Be responsible and take care of the team and personal equipment.
- Show up on time.
- Attend mandatory study hall for travel tournaments that REQUIRE a hotel stay
- Follow the chain of command.
- Behave in a manner of making POV proud

Any diversion from the policies will result in disciplinary action from the coach and or the club.

Conflict Resolution Protocol

If a parent approaches a coach regarding a concern without their daughter having first spoken to the coach about it, the coach will have you return to your child, and encourage him/her to speak to the coach first. If the issue goes unresolved (which does not necessarily mean the player gets what they want), and she has attempted to resolve the issue with the coach on his/her own, schedule a meeting and have your child attend as well. If the issue needs to be further discussed, then a Club Administrator will be asked to meet with the coach, parent and player. Please respect the order of proper conflict resolution:

- ✓ 1st – Coach/Player
- ✓ 2nd – Coach/Player/Parent
- ✓ 3rd – Coach/Player/Parent/Administrator

Never approach a coach with complaints or concerns during or following a tournament. **Wait at least 24 hours**, at which point you may schedule a visit. This gives everyone ample time to set emotion aside and be rational and objective when assessing what has taken place.

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- Be modest in victory; gracious in defeat.
- Not use illegal tactics in an attempt to win a game or match.
- Have complete control of yourself at all times, whether on the court or the sidelines.
- NOT use any profanity
- Respect the decision of the officials.

- Treat everyone with respect and dignity [L] [SEP]
- Act according to the rules of the sport. [L] [SEP]
- Strive for honesty and integrity in their statements and actions. [L] [SEP]
- Understand that playing time at tournaments is NOT guaranteed. At tournaments please understand that the coaches are doing their best to distribute playing time but the main focus is team [L] [SEP] success. [L] [SEP]
- Be responsible and take care of the team and personal equipment. [L] [SEP]
- Show up on time. [L] [SEP]
- Attend mandatory study hall for travel tournaments that REQUIRE a hotel stay [L] [SEP]
- Follow the chain of command. [L] [SEP]
- Behave in a manner of making POV proud [L] [SEP]

Any diversion from the policies will result in disciplinary action from the coach and or the club.

What is Sportsmanship?

Parents, players and coaches will honor each other and the game by maintaining a positive attitude and displaying good sportsmanship toward the program at all times. Parents must eliminate their own ego from the process and see the game without parental eyes. Parents should become knowledgeable of the game to understand how it is played and appreciate the efforts of ALL the players. It is extremely important to the welfare of our program and to the accomplishment of our goals that coaches, players, and parents maintain a positive attitude. So much more can be accomplished if we believe in and are committed to the same goals.

Athletes have **Emotional Tanks** that need to be filled to do their best. Coaches, players AND parents will be responsible for this. **THERE WILL BE NO CRITICIZING TEAMMATES.** Correction will be the responsibility of the coaching staff.

- Examples of Filling the E-Tank

Hint: focus is on what she did RIGHT or helping to BOUNCE FROM her mistake
 “Nice hit”, “You’ll get it next time”, “Brush it off”, Body Language, *Smile*

Tournament Playing Time Guidelines

This is probably the most difficult aspect of youth sports. The following guidelines are intended to allow families to read, acknowledge and appreciate the complexities of playing time and what development means at the elite level. These guidelines are intended to assist families in making sure they recognize that playing time is not guaranteed and that talking to a coach about your child’s playing time is NOT the best way to handle the situation. We want your experience with POV to be positive. The best way to ensure that all parties are working toward the same goal--of players improving over time, of producing winning attitudes, of encouraging winning team dynamics, and allowing players to take responsibility for their own improvement is part of POV’s objective. [L] [SEP]

- **Playing time is not guaranteed.** The fee structure provides a learning experience along with many other benefits (instruction at practice, uniforms, court time, etc.). At tournaments please understand that we will do our best to distribute playing time. However, our main focus is team success, not individual player success. Playing time at National and Regional Qualifiers will most likely be geared toward the best line-up. Skill development is guaranteed through practices, however equal playing time during tournaments is not guaranteed.
- **Being a member of POV is intended to provide each player with opportunities to**

improve through structured practices. We believe that players must show every effort to improve and work through the challenges of improving. We believe improvement starts with the work ethic and attitude shown at practice.

- **Winning is only ONE way we gauge POV's success.** Everyone wants to win, but we realize that winning is not the only way to be successful. We feel that if we do our job training the athletes and work with them to reach their full potential then we will be successful. We know that at the end of the season, they will not remember how many matches they have won or lost, but they will know if they improved as players and if they had a good experience.

- **Playing time is Non-Negotiable with Coaches or Administrators.** Parents are asked to NOT discuss playing time directly with a coach. The issue of coaches being confronted on playing time by parents is very complicated. We need a solid group of coaches to be successful. If coaches believe that parents are unwilling to allow them to make the decisions about player assignments on the court, we will risk the long-term availability of quality coaches which will not benefit anyone. We are asking you to trust the coaches' decisions and support your child, whatever their role on the team may be.

- **If there is a problem, players are asked to make every effort to discuss playing time directly with the coach.** Understanding what they can do to improve their performance and skills to give them more game time is a positive first step in achieving that goal. We believe this can be a very healthy experience for the player to get feedback from the coach. (As well as a learning experience for the player to discuss improvement opportunities). If there is a conflict that needs to be resolved, the steps will be as follows: Player/Coach, if conflict still exists, Player/Coach/Director, final step, Player/Coach/Director/Parent

- **We are asking all parents and players to please understand these expectations.** We want the experience this year to be positive for all of our families. We want to provide a quality environment for everyone and therefore we feel we need to clearly express our expectations regarding this very sensitive issue. We need your unconditional support regarding this matter. We support our coaches in making appropriate line-up decisions based on their professional judgment with regards to roles on the team and playing time on the court. Coaches have the responsibility, and the right, to make line-up adjustments during the competition as they deem appropriate.

Travel Policies and Rules

First and foremost...

Please keep in mind that when the team participates in a tournament, whether in town or away, the player's time and attention belongs to the coach. From the time the player arrives at the tournament location, until the player is dismissed from the tournament by the coach to returns home, they are under the direction of the coach. As hard as it is for parents to let someone else take control, the coach will be making decisions based on what is best for the TEAM, not the individual player. The coach will set the curfew, the coach will excuse the players from the gym, the coach will set meeting, study hall, and gathering times for the team, the coach may want the team to watch videos or training films, the coach will make sure the entire team spends mealtime together.

Transportation to practices and tournaments will be the responsibility of the parents.

Hotels

POV travels to tournaments that have a "Stay and Play" Policy, which requires ALL players on the team roster to stay at the hotel designated by the event. Players MUST stay at this hotel and be listed on the hotel room listing or they will be disqualified from playing in the tournament. These hotels have a firm cut off point to secure your room and it is the responsibility of the athlete's parent to make the reservations before the deadline. Athletes on teams ages 14 and

under are required to stay with their parents (or designated chaperone) when we travel. All hotel expenses are in addition to the club fees.

Players should arrive by 8:00 pm the night before the tournament and check in with their coach. Players not in their room at curfew will lose playing time the following day (at the very least); more severe punishment is at the discretion of the coach and/or staff.

Athletes are to be in their rooms at curfew. They will turn in their phones at that time and "Lights Out" means lights, TVs, computers, etc. are all to be off at this time. This is to allow the athlete adequate sleep so they will be able to perform to the best of their ability.

While in hotels, we expect the athletes to respect the property and privacy of others in the hotel. Loud or rowdy behavior will not be tolerated. During non-playing periods, athletes are expected to let the coach or team chaperone know of their whereabouts. At no time will an athlete be allowed to leave hotel property without the permission of their coach or chaperone.

Flights

Athletes should travel with their parents or designated chaperone to the tournament location. Since the whole purpose of the travel is to compete with the best volleyball players in the nation, we feel that athletes are expected to arrive the previous evening before 8 pm in order to get a good night's sleep prior to their first day of competition. This will also help with team building, as time spent together off the court contributes to a tight team on the court. When the team travels they should all dress alike with POV attire. We are at the mercy of the airlines on flight times, but we will try to schedule flights as late in the day as possible without having a LATE arrival time at our destination. This will reduce the time the players will miss from school and make it easier for parents to join us. This cost of flights is in addition to the club dues.

Players will need to bring additional monies to cover their food expenses when we travel.

Electronic & Social Media Policies

As part of POV's emphasis on athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities. As with any communication, the content of any electronic communication should be appropriate. Players should be cautious and ensure their social media is appropriate for colleges to peruse and look through as all athletes (anyone really) can be actively recruiting and looking into potential recruits by using social media.

- **Facebook, Twitter, Instagram, Snapchat & Similar Media**

All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team-oriented motivational purposes. Anything posted negative about a staff member, player, family, or POV is not appropriate. POV has a zero tolerance rule about this and any form of negativity in regard to our club.

- **Twitter, Instant Messaging & Similar Media**

Coaches and athletes may "follow" each other. Coaches cannot "re-tweet" athlete message posts. All posts on social media should be positive. Anything posted negative about a staff member, player, family, or POV is not appropriate. POV has a zero tolerance rule about this and any form of negativity in regard to our club.

- **Email & Similar Electronic Communications**

Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

- **Texting & Similar Electronic Communications**

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

- **Electronic Imagery**

From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos and/or videos may be submitted to local, state or national publications, used in club videos, posted on club or club associated websites, or offered to the club families seasonally on disc or other electronic form. Video recording is not allowed during practices. Any social media, video recording or any form of electronic recording is NOT allowed during any practices. In the event, a parent or person videos a practice, player or a coach, this is not only a gross violation of privacy for that particular person(s) but also inappropriate.

Request to Discontinue All Electronic Communications

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches (photography or videography). In this event, your child will never be in a team photo, social media post, or etc. You will have chosen to remove your child from their team in this manner.

The Parents Code of Ethics

The Club does require that parents attend a comprehensive orientation program, and we do require that all parents of participating players sign a Parent’s Code of Ethics form to pledge their cooperation as follows:

- I will be my child’s TEAM’s biggest fan when they win but especially when they lose. [L] [SEP]
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or youth sports event. [L] [SEP]
- I will place the emotional and physical well-being of my child ahead of a personal desire to win. [L] [SEP]
- I will insist that my child play in a safe and healthy environment. [L] [SEP]
- I will support coaches and officials working with my child, in order to encourage a positive and [L] [SEP]enjoyable experience for all. [L] [SEP]
- I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol and will [L] [SEP]refrain from their use at all youth sports events. [L] [SEP]
- I will remember that the game is for youth - not for adults. [L] [SEP]
- I will ask my child to treat other players, coaches, fans, and officials with respect, regardless of [L] [SEP]race, sex, creed, or ability. [L] [SEP]
- I will promise to help my child enjoy the youth sports experience by doing whatever I can do, such as [L] [SEP]being a respectful fan or providing transportation. [L] [SEP]
- I will require that my child’s coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches’ Code of Ethics. [L] [SEP]
- I will demonstrate to my child how to show respect and loyalty to teammates throughout the season as they work towards common goals.
- I understand “club-hopping” is looked down upon by POV and may affect my child’s placement on a team.

Parent/Guardian:

Date: _____ Print Name: _____

Date: _____ Parent’s Signature: _____

The Athlete's Code of Conduct

Athletes are expected to treat ALL coaches, staff, parents, POV players, tournament staff, opponents, referees, and all adults with exceptional courtesy and respect at all times.

- Athletes are expected to be committed to the program. Players are responsible for notifying coaches of an absence due to a contagious illness or injury keeping them from attending practice.
- Academics and study should be a priority before sports.
- Players will notify the coach of any tournament conflict at least one month prior to the event.
- No player, parent, or coach shall make any disparaging remark about, or gesture toward another player, team, coach, or official.
- POV has a no-tolerance policy for alcohol consumption, smoking, or drug abuse.
- No boys are allowed in girls' hotel rooms and no girls are allowed in boys' hotel rooms.
- Players must not leave their room after specified curfew time.
- Players and parents are responsible for leaving all gymnasiums clean.
- Players are responsible for leaving all hotel rooms clean.
- Any damage to a hotel room will be charged to all athletes assigned to that room on an equal basis; unless athlete reports the party responsible for the damage prior to departure.
- Any behavior that is deemed inappropriate or that can reflect poorly for our club will cause immediate expulsion from POV with no refund.
- I will respect and show loyalty to my teammates throughout the season as we work towards common goals.
- I understand "club-hopping" is looked down upon by POV and may affect my child's placement on a team.

READ CAREFULLY: I have read and understand the above code of conduct. I agree that any violation of the highlighted codes

(Signature of Athlete only) _____ Date:

I, _____ (name of parent/guardian) have read and understand the above code of conduct. I agree that any violation of the code of conduct will cause expulsion from the club with no refund.

(Signature of Parent/Guardian) _____ Date:

The Parent/Player Agreement Form

Player Agreement:

I, _____ have read and agree to the player guidelines regarding:
PLEASE INITIAL EACH SECTION BELOW

_____ Discipline and Respect

_____ Attendance Policies [SEP]

_____ Tournament General Policies

_____ Tournament Playing Time

_____ Policies Travel Policies and Rules

_____ Athlete Code of Conduct

_____ Policies Travel Policies and Rules

_____ Financial Agreement

_____ Parent Code of Conduct

_____ "Club-hopping" policy

(Signature of Athlete) _____ Date:

(Signature of parent/guardian) _____ Date:

Photo Release Form

I grant to POV, the right to take photographs of me and my family in connection with volleyball events, such as camps, practices, and tournaments. I authorize the POV, its assigns and transferees to copyright, use and publish the same in print and or electronically.

I agree that POV may use such photographs of me with or without my name and for any lawful purpose, including publicity, illustration, advertising, media releases and web content.

I have read and understood the above:

Player Name (printed): _____ Signature:

Parent/Guardian Name (printed):

Signature:

Address:

Credit Card Release Form

EVERYONE must have a credit card on file for payments unless tuition is paid in full when you accept a position in a team.

Player's Name:

SEP

Credit Card Holder's Name: _____

Credit Card (circle one)...MasterCard.....VisaAMEX.....Discover

Credit Card Number: _____

Credit Card Expiration Date: _____

Security Code: _____

Billing Address:

(Street address, zip code)

We agree to have the club charge our credit card according to the payment stipulated for this current club season.

Card Holder's Signature of Authorization:

Date: _____