

AMCHS ATHLETIC TRAINING



PHYSICALS:

CSISD requires all athletes to have a pre-participation physical exam (PPE) completed annually. PPEs for the 2025-26 school year must be completed on or after April 1, 2025 to be accepted. CSISD will be hosting a physical day at AMCHS on May 14, 2025. **[Click here](#)** or visit www.amctigerclub.com/physicals for more information.

UIL REQUIRED ONLINE FORMS:

All UIL Required Pre-Participation Forms are to be completed/uploaded through RankOne. Please **[click here](#)** or visit collegestationisd.rankone.com/New/NewInstructionsPage.aspx to create or login to your RankOne account and complete the required UIL Required Online Forms. All forms must be electronically completed and signed in order to participate.

SECONDARY INSURANCE:

In the event that your child sustains an injury during their participation in an AMCHS athletic practice or game that warrants a physician referral, a secondary insurance form will be provided to you or your child. This insurance is SECONDARY and will only cover PART of the physician visit after your PRIMARY insurance has already been used. The secondary insurance form will ONLY be provided by AMCHS Athletic Trainers when an injury referral is deemed necessary due to participation with A&M Consolidated Athletics. This insurance form DOES NOT cover injuries that result due to participation in club sports or other outside of school activities.

DOCTOR'S VISITS:

Anytime a student-athlete visits a doctor for injury or illness, a physician's note detailing limitations or release to full activity must be turned into the athletic trainers. This is important for ensuring that doctor's orders are being followed and to allow your athlete to return to activity as safely as possible.

INJURY TREATMENT/REHAB:

By appointment Monday - Friday (Field House Athletic Training Room) during athletics
TO SCHEDULE AN APPOINTMENT: **consolAT.setmore.com**

QUESTIONS? CONNECT WITH US!  AMCHSathtrainer@csisd.org



@AMCHSAT



[consol_athletic_training](https://www.instagram.com/consol_athletic_training)



amctigerclub.com/sports-medicine