

Welcome to La Crescent Spring Soccer!

Thank you for
volunteering!!!!



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- ▶ Equipment Manager Justin Riggert
- ▶ Director of Coaching Jim Bertelsen
- ▶ Asst. Director of Coaching Mikayla Westcott
- ▶ Field Coordinator Doug Harpenau
- ▶ Referee Coordinator Doug Harpenau
- ▶ Marketing Bridget Thomas



Safety

- ▶ Every coach needs a background check completed annually. Instructions are on our website, www.lacrescentsoccer.org, under Coaches / Parent Reps tab.
- ▶ Concussion Training is required as well. Concussion certificates are good for three years.
- ▶ Safe Sport training is recommended but optional for our recreational season.
- ▶ Coaches can't leave practice or game field until all the kids are picked up. Kids can't go to playground and wait for parents...they need to be picked up or leave the practice/game field.
- ▶ Never be alone with a child. If raining, child goes in vehicle and coach stands outside vehicle.
- ▶ Be aware of your surroundings. Watch for unusual people or activity.
- ▶ Teach your players to be aware of their surroundings as well.
- ▶ Always check that goals are properly anchored

Equipment

- ▶ Please contact Justin Riggert at equipment@lacrescentsoccer.org if you haven't gotten your tote yet.
- ▶ Totes should contain: goalie jersey, goalie gloves (grades 3 and up), blood jersey, first aid kit, and pinnies.
- ▶ Balls. We transferred the equipment coordinator role and there is a temporary shortage of Size 4 balls.
 - ▶ New balls on order and will be delivered
 - ▶ Select brand balls will be retrieved

Equipment

- ▶ **N1 Goalkeeper USA Partnership**
 - ▶ **Custom 25% Discount Code** for your goalkeepers, families, and coaches. Code: N1COACHBEN25
 - ▶ Price point for kids gloves **\$39.99**. Professional models from **\$74.99** to **\$89.99**.
 - ▶ **\$25 Store Credit** for each goalkeeper on their first order of a professional model.

Uniforms

- ▶ Jerseys will be distributed for any players that ordered new jerseys prior to the first game. Not every player ordered a new jersey as the style didn't change. Duplicate jersey numbers are OK!
- ▶ Every player must have shin guards, socks, shorts, shoes, and jersey.
 - ▶ Shin guards go under the socks
 - ▶ Shoes can't be football, baseball, or softball cleats. Referees will not allow shoes with a toe cleat.
 - ▶ Jersey should be worn on the outside of a coat or sweater. Referees want to see them to make their job more effective.
 - ▶ No metal objects in hair. No bracelets, necklaces, or other jewelry.
 - ▶ Hair bands are allowed.
- ▶ Glasses must have strap on them.
- ▶ No earrings allowed. Tape them if they can't be removed but it's the referee's discretion if they will allow the player to participate with earrings in.

Fields

- ▶ Goals are in place. Practices can start March 30th.
- ▶ Practice: Practice time schedule has been released. Please contact Doug Harpenau if you need to change your scheduled practice times.
 - ▶ 1st/2nd grade (1 practice per week -) - Since this age uses pup goals you may set up anywhere you find space. But please still indicate where you will be.
 - ▶ 3rd/4th grade (1 practice per week - 90 minutes) - Vet's Park
 - ▶ 5th/6th grade (2 practices per week -) - Old Hickory just North of the playground
 - ▶ 7th/8th grade (2 practices per week -) - Old Hickory north field space

Fields

- ▶ Games:

- ▶ 1st/2nd grade - Old Hickory South (four fields)
- ▶ 3rd/4th grade - Vet's Park
- ▶ 5th/6th grade - High School JV soccer field
- ▶ 7th/8th grade - High School football practice field

- ▶ Please avoid Old Hickory reseeding on North end



Game Day

- ▶ Use flat orange cones for corner flags if flags aren't in place.
 - ▶ Normally we use corner flags but we have had too many of them damaged or stolen.
- ▶ Arrive at the field at least 20 minutes before game time (you can come earlier). Gives everyone time to find the field and takes the stress off the coach.
- ▶ If team doesn't have enough players, borrow players from another team of same age or younger.
- ▶ Provide all players with equal playing time. This is a recreational program and the final score doesn't matter. We are focused on development and fun.

Refereeing

- ▶ **DON'T YELL AT THE REFEREES.** Most are 13 or 14 years old and this is their first job. Instead, please talk to them at the end of the match about the call and why they made it. This is a learning opportunity.
- ▶ Keep parents away from the referees. If we don't have referees, we don't have games.
- ▶ If goal is scored due to a referee error, tell the team you are not counting that goal. There are no scores kept...it is recreation!
- ▶ **La Crescent soccer rule....If parent is removed from the game the player goes with them.**

Game Schedules

- ▶ Tri-Rivers preliminary schedule is out. There may be a few minor changes yet. Once it is finalized changes should be made directly between coaches and the associated field / referee coordinators.
- ▶ Game schedule will be posted on our website under the Recreational tab.
- ▶ Coaching contacts will be posted on our website under the Recreational tab.

Canceling Games

- ▶ Contact Doug Harpenau immediately at fields@lacrescentsoccer.org so referees can be cancelled. Referees get paid for cancelled games if they are not contacted prior to arriving at the field. Please be respectful of their time and our budget.



Rescheduling Games Procedure

- ▶ Email Doug Harpenau at fields@lacrescentsoccer.org with proposed dates/times for home game reschedules.
 - ▶ Include the teams playing, age group, and level (U7B Green is example)
- ▶ Doug will verify which of your dates/times is open.
 - ▶ If open, he will send you a confirmation email and then you can notify the other team that the reschedule date/time was accepted.
 - ▶ We will reschedule the referees at this time
 - ▶ If not open, you will need to contact the other team to find alternate date/times and we will do it all over again

Coaching Expectations



Be on time if not early and have the field ready to go



Have a practice plan or at least have a plan in mind. Avoid standing still.



Make practice fun and enjoyable



We are NOT a win at all cost club. Teach the game.

Practices (Director of Coaching)

- ▶ Below are a few websites that can be used for practice ideas:
- ▶ MVS Site <https://www.lacrescentsoccer.org/page/show/703912-coaching-tips-and-practice-ideas>
- ▶ Mass Youth Soccer
<https://www.mayouthsoccer.org/coaches/u6/>
- ▶ Link to the Tri-Rivers Rule book, which gives you useful information on field size, rules, build out line, etc..
 - ▶ <https://www.lacrescentsoccer.org/page/show/723794-rule-books>

Sports Engine Application

Your roster information is automatically available in the Sports Engine app. If you have any issues please contact Ben Olson at LYSARegistrar@lacsoccer.org



Thank You for
Volunteering!!

Any Questions?