

2021 PGYSA/PGFC IMPACT – Outdoor Programming Outline

PGYSA/PGFC IMPACT – Providing a Pathway for every Player.

After the past year where we have all faced many changes to our sport schedules and to the rules and regulations, we are excited to prepare for the 2021 Outdoor season. Our Soccer Club has worked hard over the past year to build a sport system that provides pathway for all levels of player and meets all provincial and national criteria. For more information, please visit the News & Media page on our website (www.pgysa.bc.ca).

The PGYSA/PGFC Impact - Outdoor plan is based around the expectation we will be in Phase Two or Phase Three of the Return-to-Play guidelines. If the Health authority mandates Phase One - Restricted Distance Training during the Outdoor season, we will adjust our plan as required and communicate all changes to our members.

- **Phase Three – Return to Full Matches (with officials).**
- **Phase Two – Restricted Matches (e.g., no throw-ins, no officials).**
- **Phase One – Restricted Distance Training (Training sessions only/No match play permitted).**
- The Outdoor season is scheduled to start on May 17, 2021 and (depending on the program option selected) conclude by the end of July.
- To ensure there are programming options for all levels of player, Physical Literacy Soccer (3-5), Match only, Match + Training, and PGFC/WFC Training Academy options are available.
- We are prepared to also include travel options if regional/provincial travel is permitted in 2021.

***Please see the programming options below.

Physical Literacy Soccer Programming (3-5)

- The Physical Literacy Soccer program focusses on teaching fundamental movement skills in a fun first environment.
- Participants are encouraged to experience their environment through stage-appropriate movement challenges.
- We strive to ensure your child is provided the physical and cognitive teachings they need to build competence and confidence in any sport and/or activity.

Grassroots Programming Options (6-11)

- Designed to build a love for sport, activity, and to build friendships and community relationships.
- Participants learn the ABCs of athleticism (Agility/Balance/Coordination) in a soccer related context.
- Foundations in stage-appropriate technique, tactics and game terminology are provided.
- Academy sessions for the dedicated participant are available.

Youth Programming Options (12-18)

- Participants self-select their own soccer pathway based on their long-term goals within the game.
- Stage One (12-14) & Stage Two (15-18) programs ensure all youth participants can find a program that fits their needs.
- Options for the Active 4 Life (House) participant and the Competitive participant are provided.
- Match-only, Match + Training, & Academy options are available.

PGFC IMPACT/Whitecaps FC - Training Academy (8-18)

- Supplementary High-Performance training for the more dedicated player and parent.
- All sessions are overseen by Club Director and Academy Head Coach – Terrol Russell & certified Academy staff.
- Curriculum focusses on Athlete-specific and Sport-specific developmental criteria.
- Academy participants are provided sport science, testing, tracking, strength & conditioning and pathway development.

*****Please note the Outdoor & Fee schedules and a FAQ document are provided separately. Although we are preparing for a Phase 2/3 Return-to-Play Outdoor season, all Outdoor programming plans may be adjusted alongside the Health authority guidelines.**

Training & Match Location: Rotary Fields located at: 4120 18th Avenue.

Program dates: May-July 2021.

Registration:

- Please visit the Home page or the Programs/Schedules page at www.pgysa.bc.ca / email us at: impact@pgysa.bc.ca for more info.
- All participants are required to register through our online platform. Please ensure all information is correct.
- *Please note format may be adjusted if required by the health authority guidelines.