

NEW! DEVELOPMENTAL DAY CAMP

Monday, Tuesday, Wednesday, Thursday July 30-Aug 2

This new camp is going to be a fun week full of basketball! We want all campers to leave this camp with a love and passion for the game of basketball! All campers are responsible for bringing their own lunch. Gatorade, water bottles, drawstring sport sack, and a camp t-shirt are provided with your registration. *Players will be separated by age and ability levels.*

Daily Schedule

9:00-9:15 Welcome & Ice Breakers

9:15-9:30 Group Warm-Ups

9:30-10:30 Skill Stations

10:30-10:45 Break

10:45-11:00 Individual Competitions

11:00-11:30 Offensive Team Concepts

11:30-12:00 Defensive Team Concepts

12:00-12:30 Lunch

12:30-1:00 Hoop Journals & Motivational Messages

1:00-1:20 Team Drills

1:20-1:40 Get it and GO - Fast Break Time

1:40-2:45 League Play

2:45-3:00 Wrap-Up & Awards Ceremony

