

EQUIPMENT RECOMMENDATIONS

COACHES PICK

Recommended equipment by age/grade

GRADES K-2	GRADES 3-5	GRADES 6-8	
Sticks Signature Lacrosse Junior String King Junior STX CRUX 300,400 STX FORTRESS 300 (a new stick may be needed once they reach 5 th grade These are all entry level stick)	Sticks STX CRUX 600 STX EXULT 700 STX FORTRESS GAIT AIR, WHIP EPOCH PURPOSE STRING KING Signature Lacrosse Women's	Sticks STX CRUX 600, PRO MESH STX EXULT 700, PRO MESH STX EXULT PRO STX FORTRESS ECD INFINITY PRO GAIT AIR, WHIP FLEX MESH EPOCH PURPOSE STRING KING Signature Lacrosse Women's	RULE OF THUMB: Stay away from blue, purple, lime green, pink stick. ALL GOGGLES MUST HAVE THE SEI CERTIFICATION STAMP
Goggles & Helmets STX 4 Sight Plus STX 4 Sight + S Youth (If you purchase a helmet Goggles are not required)	Goggles & Helmets STX 4-Sight +S STX FOCUS S Cascade LX Helmet	Goggles & Helmets TX 4-Sight + S STX FOCUS S Gait Vision Gait Glory Cascade LX Helmet	
Mouthguards SISU Beavercreek Ortho (free) Generic	Mouthguards SISU Beavercreek Ortho (free) Generic	Mouthguards SISU Beavercreek Ortho (free) Generic	
Goalie Specific: For Goalie Equipment it is best to go to Velocity Lacrosse in West Chester Ohio to be properly fitted The club does provide Goalie Equipment for all levels. If you would like to purchase your own, please check the list for what is needed.		Goalie Helmet: <i>Cascade CPX-R, XRS or Warrior Burn</i> Goalie Throat Protector: <i>Cascade</i> Goalie Gloves w/thumb Protection: <i>Maverik M4, M5, Max, True Zerolyte Warrior Nemesis</i> Goalie Waist and Thigh Pad: <i>Brine Ventilator, STX Deluxe, Warrior Burn</i> Goalie Shin Pad: <i>Brine Cempa, Triumph or STX Contour Valor</i> Goalie Chest Protector: <i>Maverik EKG Max or MX, Brine Shield 400</i> Goalie Stick: <i>Player preference</i>	
Recommended Online Stores: www.laxpocket.com www.lax.com www.universallacrosse.com www.lacrossemonkey.com www.sportstop.com www.amazon.com https://signaturelacrosse.com/collections/beavercreek-girls-youth-lacrosse		Recommended Local/Regional Store:	
		Velocity Lacrosse 7558 Voice of America Centre Dr West Chester Township, OH 45069 877-894-8927/ www.velocitylacrosse.com	
		The Lax Shop 1190 E POWELL ROAD LEWIS CENTER, OH 43035 614-431-0500 / https://www.thelaxshop.com/	
		Lacrosse Unlimited of Columbus 2245 W Dublin Granville Rd Columbus, OH 43085 614-396-8155 / https://www.lacrosseunlimited.com/	