



# PERFORMANCE RECIPE

## Rice Crisp Energy Bites



Vegan



Dairy-free



Gluten-free



15 min prep  
30 min chill



Batch prep snack

Make ~40 balls



### INGREDIENTS

- 1 cup rice crisp cereal
- 1½ cup rolled oats
- 1 cup coconut flakes
- pinch of sea salt
- ¾ cup chocolate chips
- ½ cup honey or maple syrup
- ¾ cup nut butter
- 1 tsp vanilla extract (optional)



To preserve the crunchiness, can roll the bites in rice crispy cereal when ready to eat.

### INSTRUCTIONS

1



Stir all ingredients together in a bowl until thoroughly mixed.

2



Cover and chill in refrigerator for 30 mins.

3



Once chilled, roll into balls with one inch diameter.

4



Store in an airtight container and keep refrigerated for up to one week.

Commitment

Synergy

Integrity

Openness