



2019 FLYERS SUMMER TRAINING PROGRAM 10U (Squirts)

Get ahead of the competition this summer by participating in these high intensity, structural training sessions, featuring our top level Flyers coaching staff for the 2019-20 season. This summer program will emphasize skill development, as well as battles and game situational play. All sessions will be held at the Skokie Skatium.

10U (Squirts) 2009 & 2010

Day	Date	Time	Skill Focus
Wed	5/29	6:00-7:30 PM	Skating
Mon	6/3	6:40-7:40 PM	Skating
Mon	6/17	6:40-7:40 PM	Shooting
Sun	6/23	5:50-6:50 PM	Shooting
Tue	7/2	6:40-7:40 PM	Passing
Thur	7/11	6:00-7:00 PM	Passing
Thur	7/18	6:00-7:00 PM	Skating
Thur	7/25	6:00-7:00 PM	Skating
Thur	8/1	6:00-7:00 PM	Shooting
Thur	8/8	6:00-7:00 PM	Shooting
Thur	8/15	6:00-7:00 PM	Passing

SKATER FEE

\$175

GOALIE FEE

* FREE *

REGISTRATION BEGINS 4/18/19

Register at <http://www.flyershockey.org/summer>

Questions?

Contact SAHA Director of Travel Operations Dave McGowan at dmcgowan33@me.com