

## Coach Ken Orlando

### USA Hockey CEP Level 5

#### Accomplishments

- 2019-20 DVHL Champions
- 2009-10 District Playoffs
- 2009-10 Cincinnati Regional Silver Stick Champions-Midget AA major
- 2008-09 District Playoffs Midget AA minor
- 2008-09 Regional Silver Stick Champions AAA
- 2007-08 5th place finish at Nationals-Bantam AA major
- 2007-08 District Champions-Bantam AA major
- 2007-08 Regional Silver Stick Champions-Bantam AA major
- 2006-07 Cincinnati Regional Silver Stick Runner-up-Bantam AA minor
- 2005-06 5th place finish at Nationals-Pee Wee major
- 2005-06 District Champions-Pee Wee AA major
- 2005-06 Regional Silver Stick Champions-Pee Wee AA major
- 2004-05 District Playoffs-Pee Wee AA minor
- 2003-04 Ottawa Canada Bell Cup Champions-Squirt A
- 2003-04 EEHL AAA Champions-Squirt AAA independent

#### Team Ranking

- 19-20 Team Ranked 5<sup>th</sup> in the U.S
- 08-09 Team Ranked 11<sup>th</sup> in the U.S
- 07-08 Team Ranked 3<sup>rd</sup> in the U.S.
- 06-07 Team Ranked 3<sup>rd</sup> in the U.S
- 05-06 Team Ranked 4<sup>th</sup> in the U.S.

#### Coaching Philosophy

“Hockey is an awesome game that is enjoyed by a wide range of people. It can be extremely challenging without the basics, regardless of age, level or tier. I prefer the common sense approach. Keep it simple. Keep it fun. Put our players in the best position to be successful. This can be accomplished by providing team structure, competitive practices and the basic fundamentals that are reinforced all season. This simple formula will provide the tools necessary for all to grow as players as well as people. Hockey 101, it works from Mites to Midgets!”