

Welcome to the 2024-2025  
Youth Wrestling Season



# Mat Club Mission Statement

**Teach life skills of teamwork, sportsmanship, perseverance & hard work while having fun in the process.**

## Expectations of Our Wrestlers

- Set goals
- Work hard and be persistent
- Keep a positive attitude
- Have good sportsmanship
- Work as a team
- Have strong academics



## Who we are?

- Club is sanctioned by MN chapter of USA Wrestling (MNUSA)
- A Youth Sport organization in Shakopee who provides quality sport experiences for kids



# Club Information

- Registration fee covers
  - SHAKOPEE WRESTLING SHIRT
  - USA WRESTLING MEMBERSHIP
  - PRACTICE FACILITY, SINGLET & EQUIPMENT
  - PAID COACHING FOR FOLKSTYLE SEASON (NOV 2024 - MAR 2025)
  - PAID COACHING FOR GRECO/FREESTYLE SEASON (APRIL 2025 - MAY 2025)
  - PAID COACHING AT SELECT INDIVIDUAL, TEAM, AND STATE TOURNAMENTS
  - TEAM REGISTRATION FEES AT SELECT TEAM TOURNAMENTS
- Membership card needed for all MNUSA qualifying tournaments, Regional and State tournaments
- Visit [MNUSA website](#) for information on printing card, age/weight division info, point system, skin condition, rules, etc.

# Board Members

President- Mike TenEyck

Vice President- Alex Jordan

Secretary- Carrie Suedbeck

Treasurer- Megan Griebel

Tournament Coordinator/Equipment Manager – Tom Pretasky

Concessions Coordinator/Member at Large- Jareck Horton

# Youth Coaches

- Michael Fessler (PreK-5<sup>th</sup>) Youth Head Coach
- Sam Hall (PreK - 2nd)
- Aaron Murray (PreK - 2nd) & Head Middle School Coach (6<sup>th</sup>-8<sup>th</sup>)
- Ty Johnson (3<sup>rd</sup>-5<sup>th</sup>)
- AJ Smith (6<sup>th</sup>-8<sup>th</sup>)

# Shakopee Mat Club Policies

Code of Conduct

SafeSport Policy

Mat Club Youth Sports Guidelines

Media Policy

Equipment

# Mat Club Communications

- Information on [www.shakopeewrestling.com](http://www.shakopeewrestling.com) **Mat Club** tab
- **IMPORTANT!** – Communication comes from our website, make sure your SportsEngine email is accurate and review our weekly emails for updates
- Sports Engine's mobile app to connect with coaches, families, and athletes
- Please RSVP to practices and tournaments so we know who is coming and who isn't.
- For weekend tournaments.
  - Any tournament our coaches are attending will be loaded into calendar
  - RSVP if you are attending the tournament so coaches know who will be there
  - If you need a coach mat-side use the chat function to connect with a coach day of the tournament and coordinate
- Follow us on Facebook ([Facebook@shakopeeyouthwrestling](https://www.facebook.com/shakopeeyouthwrestling))



# Important Dates 2024-2025

- Equipment pick-up / deposit drop-off November 7th at Shakopee High School
  - **Pick up will be available between 6:00-7:15 p.m.**
- Volunteer hours – **Requirements are total 4-hrs (8-hrs max/family) at either of these opportunities**
  - Shakopee Youth Wrestling Tournament - Saturday, January 18, 2025
  - MN/USA Regional Tournament – Sunday, February 16, 2025
- Picture Night
  - Shakopee West Middle School – December 12, 2024
- Heggie's Pizza Fundraiser
  - **Orders and money due by Thursday, December 12, 2024**
  - **Order pick-up is Thursday, January 9, 2025**
- If your child decides not to wrestle after they're registered, please notify Mike TenEyck or Alex Jordan prior to Thursday, December 12, 2024.

# Mat Club income channels

- \*MNUSA State Qualifier and Regional tournament ~ 35%
- \*Fundraiser (Heggie's Pizza) ~ 29%
- \*Registration ~ 23%
- \*Sponsorships ~ 12%

*Volunteer support at our events and family engagement in fundraising are key to our success*

*\*Does not factor in expenses*

# Shakopee Mat Club Practice Information

*Please review our Shakopee Mat Club Youth Sports Guidelines on website bottom right of home page*

- Wrestlers who aren't feeling well should stay at home.
- Equipment
  - Practice gear: headgear, shorts, t-shirt, wrestling shoes (preferred) or clean tennis shoes, water bottle
  - Bring own water bottle, don't share, and clean pre-post each practice
- Health Etiquette
  - Each wrestler should have hand sanitizer and use appropriately before, during, and after practice

# Practice Schedule\*

*\*Dates, times, and locations are subject to change*

*- High School entry door 21*

*- West School entry by pool*

Grade Level	Practice Days/Times
PreK-2nd Shakopee High School Wrestling Room	Mondays 6:00-7:00 p.m. Thursdays 6:00-7:00 p.m.
3rd, 4th, and 5 <sup>th</sup> Shakopee High School Wrestling Room	Mondays 7:00-8:15 p.m. Thursdays 7:00-8:15 p.m.
6 <sup>th</sup> , 7 <sup>th</sup> , and 8 <sup>th</sup> West Junior High Wrestling Room	Monday-Friday 3:00-4:30 p.m.
Advanced (2 <sup>nd</sup> through 5 <sup>th</sup> ) Shakopee High School Wrestling Room	Wednesdays 6:00-7:15 p.m.

# Middle School Tentative Schedule-

- November 13-Practice Starts
- December 1st- Litchfield
- December 5<sup>th</sup>- Edina
- December 7<sup>th</sup>- Apple Valley
- December 16<sup>th</sup>- Owatonna Stockwell Invite
- December 21<sup>st</sup>- Lakeville
- January 11<sup>th</sup> – Owatonna
- January 23<sup>rd</sup>- Shakopee Home
- February- Practices only- Promoting Open tournaments & MNUSA Qualifiers

9 <sup>th</sup> Grade League	No 6 <sup>th</sup> graders Select 7-8 <sup>th</sup> graders
Team Qualifier	January 13 <sup>th</sup> Dassel or Litchfield
Team State	January 20 <sup>th</sup> Mora
Individual Qualifier	January 27 <sup>th</sup> Hutchinson
Individual State	February 3 <sup>rd</sup> Champlin Park

# Middle School- Other information

- We will rely on car pooling (9th grade league will have bussing)
- At times students will need to leave early from school. Parents must notify the school (coach cannot excuse them)
- If school is cancelled/ released early from weather, practice will be cancelled.
- We have two team managers. Wrestlers are responsible for reporting wins/losses/pins to the managers at the meet/tournament for record keeping.
- SportsEngine will be utilized for communication. Please always report attending or not attending to all events.
- No one gets cut from the team, unless negative behaviors become too predominant.
- Wrestlers can leave tournaments early, but must sign out with a manager.
- We encourage wrestlers to attend high school home meets!

# Types of Tournaments

- **Regular season Tournaments (Nov – early Feb)**
  - MNUSA Qualifiers for individual wrestlers
  - Open tournaments for individual wrestlers
  - Team tournaments for PreK-3 or K-6 (*wrestlers selected by either coach invite or practice wrestle-off*)
- **MNUSA qualifier points earned each tournament to “qualify” for entrance into the Regional Tournament (minimum 30 pts needed). Points accumulate for each tournament attended.**
  - One 1<sup>st</sup> place finish is 40 points – qualifies for Regional
  - One 2<sup>nd</sup> place finish is 25 points
  - One 3<sup>rd</sup> place finish is 10 points
- **Regional Tournament (Feb and March 2025)**
  - 5 Regions, top 4 from regions go to State
  - Weight class at Region is weight class at State
- **State Tournament (Mar 14-16, 2025)**
  - Top 20 each age division/weight class
  - Qualifier points count towards separation (seeding) criteria

# MNUSA Tournament Information cont.

- MNUSA Wrestling qualifying tournaments
  - No onsite registration, only pre-registration
  - Most times, registration closes Thurs night for Sat tournaments and Fri night for Sun tournaments
  - No weigh-ins at tournaments but random weight audits
  - Register wrestler for proper weight class. If they are audited day of tournament and outside a 5% weight variance they may be disqualified with no refund.
- All Tournaments managed through [USAbracketing.com](http://USAbracketing.com)
  - Create account and link wrestlers' USA membership account. Track tournaments on phone
- Tournament attire- Shakopee singlet, Shakopee Mat Club t-shirt, headgear, and wrestling shoes. Personal preferences may include mouth guard, knee pad(s), and form-fitting compression garments worn under singlet

# MNUSA State Tournament

- MNUSA State Tournament is March 15-March 17 in Rochester, MN at the Mayo Civic Center
- PeeWee (6U) and Bantam (8U) wrestlers will need to accumulate 30 points at MNUSA tournaments throughout the season in order to qualify for MNUSA State Tournament.
- Intermediate (10U) and Novice (12U) wrestlers will need to accumulate 30 points at MNUSA tournaments throughout the season in order to qualify to attend a Regional. Wrestlers placing in the top 4 at Regionals will earn a spot in the MNUSA State Tournament.
- Schoolboy/Schoolgirl (U14) wrestlers do not need to accumulate points in order to attend a Regional. Wrestlers placing in the top 4 at Regionals will earn a spot in the MNUSA State Tournament.
- Cadets (U16) wrestlers do not need to accumulate points or attend a Regional. There is no registration cap on entries for Cadets. Cadets may also make weight changes at weigh-ins.
- Girl's Division wrestlers do not need to accumulate points or attend a Regional to qualify for MNUSA State Tournament in this division. Girls choosing to wrestle in the Boys division will need to meet those qualifications.

# Open Tournament Information

- Wrestlers have option to attend open tournaments throughout the season. Some are MNUSA sanctioned and some are not MNUSA sanctioned tournaments
  - MNUSA sanctioned tournaments count towards Regional and State tournament eligibility and separation criteria
  - Choose tournaments that best challenges your wrestler. Ask coaches if not sure about a tournament.
- Open tournament information can be found at [TheGuillotine.com](https://TheGuillotine.com)
  - Under youth tab, open tournament calendar
- All tournaments have costs associated (wrestler and spectator)
- We announce each week by email and post on SportsEngine which tournaments our coaches are going to that weekend. Coaches will be at both open and MNUSA MNUSA sanctioned tournaments
  - If you're at a tournament with one of our coaches, ask them to be in your wrestler's corner prior to their match, use the SportsEngine chat too.

# Team Tournaments

- Team tournaments are day long wrestling tournaments where Shakopee wrestlers compete as a team.
- There are 4 team tournaments throughout the season we will participate in
- Entrance fees are covered for your wrestler
- Tom Pretasky will communicate team tournament details with families whose wrestlers are on the team tournament rosters
  - There will be a SportsEngine group set-up specifically for tournament team member communication

# What we've been up to?

- Continued integration of the 6<sup>th</sup>-8<sup>th</sup> grade wrestling program into Mat Club program
- Hired Youth Head Coach
- Added 3 new board members to support PreK-8 wrestling
- Coordinated efforts with HS Booster Club around fundraising and sponsorship efforts
- Procured new apparel partner

# Sponsorship Program

- Helps keep registration cost low
- Provides financial support for wrestlers on an as needed basis
- If you know a business that would like to get involved, please contact Mike TenEyck ([symcsabers@gmail.com](mailto:symcsabers@gmail.com))
- Printable documents on youth wrestling website explaining the various sponsorship levels

# How to support us

- Be involved
- If you know someone who wants to try wrestling, please refer them
- Board member positions often come open at the end of the season, contact a current board member if you want to know more and join
- Complete volunteer hours- these are critical to the success of our club and our tournaments

# Reminder of Important Dates - Mark Your Calendar

- Every Tuesday – Bingo at Mana Brewing Co. 7:00-9:00 pm
- November 4<sup>th</sup> - Practices start for PreK-5<sup>th</sup>
- November 11<sup>th</sup> – Practices start for Middle School
- November 7<sup>th</sup> - Volunteer and Uniform Check Drop off, Singlet, Headgear, and Heggie's order packet Pick Up (Youth); Middle School is November 14<sup>th</sup>
- December 12<sup>th</sup> - Heggie's Fundraiser Order and Money due and Picture night in place of practice
- January 9<sup>th</sup> - Heggie's Pizza Pick Up
- January 18<sup>th</sup> - MNUSA Shakopee Youth Wrestling Tournament
- February 16<sup>th</sup> - MNUSA Shakopee Regional
- March 14<sup>th</sup> - March 16<sup>th</sup> MNUSA State Tournament
- March 17<sup>th</sup> Freestyle/Greco Roman practices start