

# 1980 MSHSL BOYS NORDIC SKI RACING STATE MEET

## 10 Km Classic Results\*

<b>Location:</b>	Sugar Hills, Grand Rapids, Mn	<b>Date:</b>	2/8/1980
<b>Snow conditions:</b>	Conditions were ideal for the 1980 state meet with nearly twenty inches of snow in January and another three inches of fresh snow prior to state with temperatures in the 20s.	<b>High Temperature:</b>	Temperatures at race time were in the mid-twenties on dry snow.

Rank	Name	Grade	Team	Time
1	Todd Boonstra	12	Burnsville	32:59
2	Kelly Moynaugh	12	Stillwater	34:14
3	Lars Nilsson	11	Armstrong	34:35
4	Kent Green	12	Bloomington Lincoln	34:40
5	Paul Meysembourg	12	Stillwater	34:49
6	Brad Bart	12	Blake	34:56
7	Doug Eissas	12	Burnsville	35:18
8	Tim Vitters	12	Bloomington Lincoln	35:54
9	Kevin Marciniak	12	Cloquet	36:00
10	Kevin Olson	12	Armstrong	36:21
11	John Tuma	11	Lakeville	36:29
12	Terry Kraabel	12	Blaine	37:02
13	Scott Hansen	12	Duluth East	37:04
14	Paul McKinney	12	Stillwater	37:12
15	Dan Cronen	11	Lakeville	37:40
16	Paul Laymon	12	Walker	37:44
T-17	Steve Palm	12	Lakeville	38:02
T-17	Carl Haaverson	12	Bemidji	38:02
19	Carl Trabant	12	Lakeville	38:06
T-20	Mike Krieter	11	Edina West	38:11
T-20	Dale Shimek	11	Blaine	38:11
22	Cam Graves	12	Blaine	38:15
23	Tim Olson	12	Columbia Heights	38:17
24	Mark Finnila	12	Cloquet	38:26
25	Rick Cornelius	12	Blake	39:00
26	Sam Beberg	9	Grand Marais	39:12
27	Jim Jahoda	12	Minneapolis Southwest	39:49
28	Brian McKenzie	11	Aurora-Hoyt Lakes	DNS

\*Results from Minnesota State High School League 1980-1981 Handbook

Stories of Boonstra can be found in Amazon book "Norm Oakvik: The Inconspicuous Coach"

[www.amazon.com/dp/B0DX7JZ9SK](http://www.amazon.com/dp/B0DX7JZ9SK)

Nordic Boys Teams (top two)		
1	Burnsville	68:53
2	Stillwater	69:03
3	Bloomington Lincoln	70:34
4	Armstrong	70:56
5	Lakeville	73:41
6	Blake	73:56
7	Cloquet	74:26
8	Blaine	75:13



Todd Boonstra, 1980 Minnesota State Nordic ski champion, would go on to compete on two Olympic Nordic squads in 1984, 1988, and 1994, along with Kevin Brochman, a 1977 Stillwater graduate (1984, 1988 Olympics). Both were known for their tremendous upper body strength and double poling ability. Boonstra kept a roller board in his bedroom that he would use (100 reps) every night before bed. Boonstra, coached by future Gopher track coach Phil Lundin, learned from Ben Brown and Bob Klungman, Minnesota Valley Nordic coaches, whom Norm Oakvik mentored. Oakvik had coached Karl Bohlin, a 1960-1964 Olympian, and the last Minnesotan on an Olympic team until Boonstra and Brochman.



**Todd Boonstra (#95 above) - 1980 State Nordic Champ**