

Freshman Football at Legacy High School

Where to Start: Frequently Asked Questions

When does Football start? High school football typically starts right after Memorial Day. Summer activities include weight training, which consists of bodyweight workouts for freshman players, and “camp time” to get on the field to start running plays. In 2021, freshman camp in early summer may not happen due to Covid delays with other sports. Weight training is scheduled to begin June 1st. Freshman will attend Monday through Thursday from 9:30-11:00 Continue to check the calendar at www.goboltzfootball.com for updates.

What is Camp? Camp in 2021 will be the first two weeks of practice starting on August 2nd. Camp timing is to be determined, but plan for approximately 4-6 for freshmen at Legacy High School.

What does my player need? Players will be issued helmets and pads prior to the start. Camp gear items to wear to camp are included in the annual program registration. Players should wear the shorts, girdle, and compression shirt to camp and ongoing season practices. Contact your class rep if you have not had a chance to order gear. Players will need to provide their own **cleats** and have them available on August 2nd. Players also need a **physical** done some time between 11/15/2020-7/31/2021 to participate.

When is Practice during the school year? Practice starts right after school from approximately 4-6:00. Ideally they will be allowed in the locker room to dress and grab their helmets and pads. Practice occurs on the north side of the school just outside of the doors leading to the weight room and past the softball fields. Practice times may be changed due to game schedules and darkness. Coaches will communicate these changes directly with players.

What if my player has to miss Weights, Camp, or Practice? Your freshman will become more responsible for communicating with coaches and teachers as they enter high school. Players will be given contact information for coaches at the beginning of activities. During the summer it is common for players to have other sports, work, or family commitments. They are encouraged to be at football and to notify coaches when they are not. Coach Heinz requests that family vacations be planned the week after July 4th as there will be a break in football.

When and where are games? Freshman games are typically scheduled at 9:00 a.m. on Saturday mornings. Home games are played on the turf field west of the parking lot at Legacy High School. Bus transportation is to be determined for away games based on Covid, distance, etc. The final schedule will be available in the summer, but games will begin August 28th and continue through October.

What is the Cost? Each player is asked to contribute \$700 to the program. We know that each family has different circumstances: some fundraise everything, some write a check. Your support is needed no matter how it is raised. We want everyone to play. Contact your class rep to discuss your financial and fundraising needs.

Please complete program registration for your player soon at [2021 Registration](#). You may begin a payment plan now that helps spread the payments out and allow you to fundraise.

In addition, Adams 12 requires a district registration fee for all athletes each season. This is \$150 for football. Your player must register online with the district before allowed to practice. You must submit a physical, payment, or proof of reduced lunch fees to lower your payment. District officials maintain this very strict policy. Please look out for details in mid-July 2021.

How can I stay updated? The Legacy High School Football Program has a booster club. The board will be sending regular updates that include important dates, changes, fundraising opportunities, and the need for volunteers. Be sure you are receiving these emails and attending monthly booster meetings on the second Tuesday of each month at 6:30. Check the website www.goboltzfootball.com for details.

Much of the football communication with coaches is made through the SportsEngine app. Be sure to download the app for both yourself and your player using the username and password you created during registration. Coach uses the chat function to provide quick updates to players. The app gives you easy access to schedules as well.

The boosters assign a volunteer to communicate with each class. The Class of 2025 representative is Kara Anderson at legacyfootball2025@gmail.com

