

2024-2025 Practice schedule

Updated: 10/2

Season starts 12/2- 3:45 WHS

Practices M-F: 3:45-5:45

Saturday practices: 7:00-9:00

Winter break:

Saturday 12/21- Practice 7:00-9:00

Monday 12/23- Practice 8:00-10:00

Tuesday 12/24- Optional practice 8:00-10:00

No practice 12/25

Thursday 12/26- Practice 8:00-10:00

Friday 12/27- Practice 8:00-10:00

Saturday 12/28- Practice 7:00-9:00

Monday 12/30- Practice 8:00-10:00

Tuesday 12/31- Optional practice 8:00-10:00

No practice 01/01

Thursday 01/02- Practice 3:45-5:45

Friday 01/03- Practice 3:45-5:45

Saturday 01/04- 7:00-9:00

Meet schedule

Thursday 12/12- Conference relays @Oltman middle school 6:00.

Swimmers arrive at Oltman middle by 4:00 for warm up

Diving TBD

Saturday 12/14- Laker invite @ University of St. Catherine 2004 Randolph Ave. St. Paul, MN 55105 Meet begins at 12:00.

Bus leaves WHS at 10:15

Diving- 8:30 warmup, 9:30 start

Thursday 12/19- WHS vs. White bear lake at White Bear YMCA 6:00

Bus leaves WHS at 3:45

Thursday 1/9- WHS vs. FL @ Forest lake education center 6:00
Bus leaves WHS @3:30
Diving location and time TBD

Saturday 1/11- True team sections @ stillwater middle school 1:00
Bus will leave WHS @ 10:30
Diving TBD

Thursday 1/16- WHS vs. Park at WHS 6:00
Goodbye to the pool ceremony to follow the meet
Swimmers arrive at WHS for warmup at 4:00

Saturday 1/18
For swimmers in the true team meet:
True team state @ the U of M aquatic center time TBD
Bus: TBD

Swimmers not at the true team meet:
Tartan invite @ Skyview middle school @ 1:00
Swimmers arrive at Skyview by 11:00

Tuesday 1/21- WHS vs. Irondale @ WHS 6:00
Swimmers arrive at WHS for warmup at 4:00

Thursday 1/23- WHS vs. CDH @ University of St. Catherine 2004 Randolph Ave. St.
Paul, MN 55105 6:00
Bus leaves WHS @ 3:45

Thursday 1/30- WHS vs. Mounds View @ WHS 6:00
Swimmers arrive for warmup at 4:00

Tuesday Feb 4th- WHS vs. Roseville @ Parkview school 6:00
Bus leaves from WHS at 3:45

Thursday Feb 6th- WHS vs. Stillwater @ WHS 6:00
Swimmers arrive at 4:00 for warmup
Senior night

Wednesday Feb 12- WHS vs. Eastridge @ Oltman middle school 6:00
Swimmers arrive at 4:30 for warm up

Saturday Feb 22- JV champs @ Oltman middle school time: TBD

Thursday Feb 27th- Section prelims @ Stillwater middle school 6:00

Bus: TBD

Saturday Feb 29th- Section finals (for swimmers in the top 16) @ Stillwater middle school 6:00

Bus: TBD

State: