

DYTBL RULES OVERVIEW - GIRLS LEAGUE

(updated 10/08/2022)

RULES	3RD, 4TH & 5TH GRADE GIRLS	6TH GRADE GIRLS		7TH - 8TH GRADE GIRLS
BALL SIZE	28.5	28.5		28.5
RULES	FOLLOW IHSA EXCEPT FOR BELOW	FOLLOW IHSA EXCEPT FOR BELOW		FOLLOW IHSA EXCEPT FOR BELOW
GAME TIME - Quarters	4	4		4
GAME TIME - Minutes per Quarters	7 Minutes	7 Minutes		7 Minutes
GAME TIME - Stoppage	Stops At All Whistles	Stops At All Whistles		Stops At All Whistles
MERCY RULE - RUNNING CLOCK	When a team is up by 20 points in the 4th quarter a running clock will go into affect. The clock will only stop for timeouts or official stoppage. If the score is cut to below 20 points, the clock will still continue to run.	When a team is up by 20 points in the 4th quarter a running clock will go into affect. The clock will only stop for timeouts or official stoppage. If the score is cut to below 20 points, the clock will still continue to run.		When a team is up by 20 points in the 4th quarter a running clock will go into affect. The clock will only stop for timeouts or official stoppage. If the score is cut to below 20 points, the clock will still continue to run.
BREAKS (between Quarters)	1 minute	1 minute		1 minute
BREAKS (between Half)	3 Minutes	3 Minutes		3 Minutes
THREE POINT SHOT IN EFFECT	Yes, all gyms must have a 3 point arc	Yes, all gyms must have a 3 point arc		Yes, all gyms must have a 3 point arc
TIME OUTS	4 - Full	4 - Full		4 - Full
ROLLOVER TIME OUTS TO OVERTIME	No	No		No
ADD'L TIME OUTS IN OVERTIME	1 Full TO, Each Overtime Period	1 Full TO, Each Overtime Period		1 Full TO, Each Overtime Period
TOTAL NUMBER OF OVERTIME PERIODS	Unlimited	Unlimited		Unlimited
OVERTIME - Minutes per OT Periods	3 Minutes	3 Minutes		3 Minutes
BREAKS BETWEEN OVER TIME PERIODS	1 Minute	1 Minute		1 Minute
TECHNICAL FOULS	Shooting "2" Free Throws and Get Ball	Shooting "2" Free Throws and Get Ball		Shooting "2" Free Throws and Get Ball
FREE THROWS	Can step over the foul line on a free throw	Cannot step over the foul line on a free throw		Cannot step over the foul line on a free throw
PRESSING ALLOWED	Yes	Yes		Yes
PRESSING RULES	Last Minute 1st Half & Last 2 Minutes 2nd Half except when a team is up 10 Points. This is in place for the entire season including year end playoffs.	Prior to January 1st	January 1st and later	All Game - Except when a team is up 15 Points. This is in place for the entire season including year end playoffs.
		Last Minute 1st Half & Last 2 Minutes 2nd Half except when a team is up by 15 points.	All Game - Except when a team is up 15 Points. This is in place for the entire season including year end playoffs.	
PRESSING IN OT	Press is allowed the last 2 minutes of each overtime period	Press is allowed the last 2 minutes of each overtime period	Press is allowed the entire overtime period	Press is allowed the entire overtime period
DEFENSE ALLOWED	Man to Man only	Any defense can be played		Any defense can be played