

2021-2022 Practice Schedule

TEAM	MON	TUES	WED	THURS	FRI	SAT	SUN
12 Metro		NBS 7:00-9:00			NBS 7:00-9:00		
11 National		NBS 7:00-9:00		NBS 7:00-9:00			
12 National	NBS 7:00-9:00			NBS 7:00-9:00			Avenues 5:00-7:00
13 National	Trevor 7:00-9:00		Spence 7:00-9:00				Avenues 5:00-7:00
14 National	Trevor 7:00-9:00		Trevor 7:00-9:00				CP 4:00-6:00
14 Travel	Trevor 7:00-9:00		Trevor 7:00-9:00				CP 4:00-6:00
15 National		Trevor 7:00-9:00		Trevor 7:00-9:00			Post 5:00 - 7:00
15 Travel	Spence 7:00-9:00		Trevor 7:00-9:00				Post 5:00 - 7:00
16 National		Trevor 7:00-9:00		Trevor 7:00-9:00			Post 5:00 - 7:00
16 Travel		Trevor 7:00-9:00		Trevor 7:00-9:00			Post 5:00 - 7:00
17 National		Spence 7:00-9:00		Spence 7:00-9:00			CSH 10:00-1:00
17 Travel		Spence 7:00-9:00		Spence 7:00-9:00			CSH 10:00-1:00
18 National	Spence 7:00-9:00		Spence 7:00-9:00				CSH 10:00-1:00

15 Brooklyn	SFC 7:00-9:00			SFC 7:00-9:00			
17 Brooklyn	SFC 7:00-9:00			SFC 7:00-9:00			

Trevor	Trevor Day School: 312 East 95th Street
Spence	Spence School Gym: 412 E 90th Street
NBS	Nightingale-Bamford School: 20 E 92nd Street
SFC	Saint Francis College Brooklyn
Post	The Post: 100 Dobbin Street (Greenpoint, BK)
Avenues	Avenues The World School: 259 10th Avenue
CP	Chelsea Piers Field House: 62 Chelsea Piers
CSH	Sacred Heart Gym: 406 East 91st Street