



# The Torch

SYC Weekly Digest

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [SYC Store](#)



Congratulations to our #SYCRunsFree winners! Check out this video for a glimpse of the action and photos of the winners.



Everyone had a great time RUNNING FREE and are very excited to receive their awesome prizes! Thank you all for joining us in our virtual race! If you joined the race but did not place, or you participated in the 1K, you can stop by the SYC office any Monday in July from 10-2 to pick up your free #SYCRunsFree lanyard. We couldn't have done it without our sponsors-Thank you so much: Destination Sports Domination, NOVA Sports Nutrition, Mighty Meals, Potomac River Running Store, Bites by Sam, and special thanks to Chris Spera and Linda Cherry for your support from the SYC BOD.

## 10K

14 AND OVER

Male-10K 1st place | Sean O'Brien

Female 10K 1st place | Lizza Gedra

Male-10K 2nd place | David Magnotti  
Male-10K 3rd place | Jacob Ragsdale

13 AND UNDER

Female 10K 1st place | Kaydence Wisner

**5K**

14 AND OVER

Male-5K 1st place | Charles Ortman

Female 5K 1st place | Lizza Gedra

Male-5K 2nd place | Alex Daniels

Male-5K 3rd place | Keith Cousins

13 AND UNDER

Male-5K 1st place | Johnny Stevens

Female 5K 1st place | Madilyn Lewis

Male-5K 2nd place | Caleb James

Female 5K 2nd place | Sarah Reaves

Male-5K 3rd place | Jonah Berkey

5K Honorable Mention 6-year-old Vasco Castro

1K Family walk

Micaela Bodian raffle winner

## OPEN REGISTRATIONS

### ANNUAL SPORTS

[Travel Soccer Tryouts](#)

### SUMMER SPORTS

**Register Now - Pay Later!**

[Rugby](#)

[Soccer Camps](#)

[Saturday Soccer Clinics](#)

[Softball Clinics](#)

### FALL SPORTS

**Register Now - Pay Later!**

[Cheer](#)

[Cross Country](#)

[Field Hockey](#)

[Flag Football](#)

[Tackle Football](#)

[Track](#)

[Rec Soccer](#)

[Rec Soccer - U5 Cubs](#)

[U6-U7 Developmental Academy & Free ID Sessions](#)

[Pee Wee Kickers](#)

[Softball](#)

[Volleyball](#)

[UP](#)

## Featured Sport



Travel Soccer Tryouts are open! We have on going travel soccer tryouts for boys and girls born in 2012-2002 throughout the summer with openings in all age groups and genders. Want to learn more about SYC Travel Soccer? Register for our FREE tryouts and come join a tryout session to learn about the training and environment. Tryouts are FREE!

Questions? Contact [Este Maldonado](#).

[Read More and Register for Tryouts!](#)

## NEWS AND SPECIAL EVENTS



## SYC RETURN TO PLAY GUIDELINES

This is a friendly reminder that everyone must complete these items before participating in any SYC activity.

[READ RETURN TO PLAY GUIDELINES](#)

[ACCEPT SYC RELEASE OF LIABILITY AGREEMENT](#)

[SUBMIT DAILY HEALTH CHECK-IN](#)



## REMINDER SYC OFFICE IS CLOSED

Emails/Calls will be answered.  
No walk-in service until further notice.

# Happy Birthday, Laura!

Happy Birthday to SYC's Operation Manager Laura Vaughn!

## IN THE COMMUNITY



### Park Authority Camps

When we return next summer, our camps for children 3 to 14 provide new experiences to grow mentally, physically and socially. Whether your child wants to refine a sports skill, go fishing, be in a play, learn magic, play mind-adventure games, and ...

[Read more](#)

[www.fairfaxcounty.gov](http://www.fairfaxcounty.gov)

BUY NOW

# Masks and Face Guards with SYC Sports Logos!



**Performance  
Activity  
Mask**



3-PLY SUBLIMATED FLAG MASK



**Face Guard**



Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | [www.sycva.com](http://www.sycva.com)

