

# ANHS BOYS' LACROSSE TRYOUT DATES

**MONDAY, January 4<sup>th</sup> (6:30PM – 9:30PM)**

Group A: 6:30PM – 7:30PM

Group B: 7:30PM – 8:30PM

Group C: 8:30PM – 9:30PM

**TUESDAY, January 5<sup>th</sup> (6:30PM – 9:30PM)**

Group A: 6:30PM – 7:30PM

Group B: 7:30PM – 8:30PM

Group C: 8:30PM – 9:30PM

**WEDNESDAY, January 6<sup>th</sup> (6:30PM – 9:30PM)**

Group A: 6:30PM – 7:30PM

Group B: 7:30PM – 8:30PM

Group C: 8:30PM – 9:30PM

**SATURDAY, January 9<sup>th</sup> (9:00AM – 12:00PM)**

Group A: 9:00AM – 10:00AM

Group B: 10:00AM – 11:00AM

Group C: 11:00AM – 12:00PM

Please complete this link to REGISTER for the TRYOUTS:

<https://forms.gle/hRRDsjqx8qEcHsTm9>

**IN ORDER TO PARTICIPATE IN TRYOUTS, YOU MUST REGISTER, BE ATHLETICALLY CLEARED & TURNED IN COVID-19 WAIVER:**

- Tryout Registration Form: <https://forms.gle/hRRDsjqx8qEcHsTm9>
- Athletic Clearance Packet: [Athletic Clearance Packet](#)
- COVID-19 Waiver: [COVID-19 Waiver](#)

**COACH'S EMAIL(S): [zthenderson@capousd.org](mailto:zthenderson@capousd.org) OR [zachhenderson21@gmail.com](mailto:zachhenderson21@gmail.com)**

Please visit [www.anhslacrosse.com](http://www.anhslacrosse.com) for more details!