

## U18 Coed Division Rules

All games shall follow F.I.F.A. rules with the following exceptions:

- 1) All games will be played on Junior fields 6, 7, 10, 11, 5A and 5B.
- 2) Teams will have 7 players on the field including a goalie, using a size 5 ball.
- 3) You should conduct a 15 min warm up prior to each game.
- 4) All 3 teams will play two 30-minute periods each night against each team in the following format:
  - 6:00 – 6:30 Team 1 vs Team 2
  - 6:40 – 7:10 Team 2 vs Team 3
  - 7:20 – 7:50 Team 3 vs Team 1
- 5) Periods will begin promptly at 6 pm. Teams should check the schedule carefully each week for their start time.
- 6) The 2 halves will be 25 min long, with a 5 min half time break.
- 7) **A “soft” off-side rule will be in effect (within 2 steps).**
- 8) Players (excluding the goalie) may not use their hands. The goalie can only use their hands in the penalty area.
- 9) Goals can be scored from anywhere on the field.
- 10) There are no time-outs. The game may be stopped by the referee to tend to an injured player.
- 11) Substitutions can be made on goal kicks, after a goal, after an injury, half time, and any throw-in.
- 12) The team that did not kick off at the start of the game kicks off after half time.
- 13) There is **NO Retreat Line** in effect.
- 14) The team benches should be on the same sideline, opposite the parents. No person shall coach from behind the goal.
- 15) Coaches may set practice once a week. If you want to practice at the Leamington Fields, you must book the fields via email at [fieldbookings@leamingtonminorsoccer.com](mailto:fieldbookings@leamingtonminorsoccer.com). Only book 2 weeks at a time and send your name, team name, division, requested date and requested time. An email will be returned to you confirming the practices.