

SPNAR 2019 Winter workout schedule - rev 01.10.2019

	SESSION ONE	SESSION TWO	SESSION THREE	SESSION FOUR	SESSION FIVE	SESSION SIX	SESSION SEVEN	SESSION EIGHT
LOCATION:	RICE/ARLINGTON BATTING CAGES	BATTLE CREEK REC	BATTLE CREEK REC	BATTLE CREEK REC	BATTLE CREEK REC	BATTLE CREEK REC	BATTLE CREEK REC	BATTLE CREEK REC
TIME:	11:00-12:00	11:00-12:00	12:00-12:45	12:45-1:45	1:45-2:45	2:45-3:30	3:30-4:30	4:30-5:30
JAN. 13	14 GRAY 16 WHITE	14 RED 14 BLUE	PITCHING CATCHING	10U	12 RED 12 BLUE	PITCHING CATCHING	16 GRAY 16 BLUE	16 RED 18U
JAN. 20	14 RED 16 RED	14 BLUE 14 GRAY	PITCHING CATCHING	10U	12 RED 12 BLUE	PITCHING CATCHING	16 BLUE 16WHITE	16 GRAY 18U
JAN. 27	14 BLUE 16 GRAY	14 RED 14 GRAY	PITCHING CATCHNG	10U	12 RED 12 BLUE	PITCHING CATCHING	16 BLUE 16 WHITE	16 RED 18U
FEB. 3	OFF - ENJOY THE VIKINGLESS SUPER BOWL							OFF
FEB. 10	10U 16 BLUE	14 RED 14 BLUE	PITCHING CATCHING	12 RED 12 BLUE	14 GRAY 16 WHITE	PITCHING CATCHING	16 GRAY	16 RED 18U
FEB. 17	12 RED 12 BLUE 18U	14 RED	PITCHING CATCHING	10U	14 BLUE 14 GRAY	PITCHING CATCHING	16 GRAY 16 WHITE	16 RED 16 BLUE
FEB. 24	TO BE DETERMINED BASED ON PARTICIPATION UP TO FEB 24							
MAR. 3	TO BE DETERMINED BASED ON PARTICIPATION UP TO FEB 24							
MAR. 10	TO BE DETERMINED BASED ON PARTICIPATION UP TO FEB 24							
MAR. 17	TO BE DETERMINED BASED ON PARTICIPATION UP TO FEB 24							

**NOTE: THIS SCHEDULE IS SUBJECT TO CHANGE.
PLEASE CHECK THE SPNAR WEBSITE FOR UPDATES.**

www.stpaulfastpitch.com

Last revised 1/10/2019