



Petition Process

What qualifies my athlete to petition to Dev, Xcel or skip a level?

- Athletes whose competitive experience has been in any system (including USAG's Xcel Program) must enter the Dev program at Level 4
- Gymnasts who have no prior experience may enter the Xcel Program at the Bronze, Silver or Gold division at the coach's discretion
- A level 4 athlete who scores a 36 twice during the same competitive season, may opt to skip level 5 and go straight to level 6. The athlete can NOT skip both level 5 and 6 and go to level 7. If level 5 is skipped, they must get a mobility score at level 6 to go level 7. If they compete and qualify out of level 5, they may skip level 6 and go level 7.
- Any gymnast who has had previous competitive experience in USA Gymnastics AND who is a minimum of 14 years of age (or at least a Freshman in High School) is eligible to petition for entry into Platinum, Diamond, or Sapphire by submitting a formal written request to the SAC.
 - The petition must be accompanied by a video that demonstrates her skill level.
- Any gymnast who has had previous competitive experience other than USA Gymnastics but including USA Gymnastics Xcel program, and who is a minimum of 12 years of age is eligible to petition for entry into Level 7 and below by submitting a formal written request to the SAC. The petition must be accompanied by a video that demonstrates her skill level.

What should my petition include?

Your petition should include your athletes' name, DOB and full competitive history. Please include the reason for wanting to petition to the desired level and supporting videos that show the athlete can successfully perform **ALL** the requirements according to the code of points of the desired level, including cast angles and any required connections. Email to Coachkkottek@gmail.com once you are ready for submission.

As a gentle reminder, and as stated in the USA Gymnastics Women's Rules and Policies: **The Xcel program is an alternative/separate program, IT CANNOT BE USED TO SATISFY MOBILITY REQUIREMENTS IN THE DEVELOPMENT PROGRAM.**