



Sartell Youth Hockey Association - COVID-19 Response Plan

Updated 10/5/2021

What do I need to do when coming to the rink for practice/games?

- Players and family members who plan to stay at the arena need to be self-checking symptoms at home using the MDH guidelines:
 - **More common:** fever greater than or equal to 100.4 degrees, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell.
 - **Less common:** sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.

When is Quarantine **Required**?

- If a player tests positive for COVID-19.
- If there is a positive case in the household all **unvaccinated** players and members of the household are required to quarantine from SYHA/Riverblades activities.

When Does Quarantine End?

- 11 days from the onset of the COVID positive person's symptoms (or positive test result if the player/household member had no symptoms)

When Is Quarantine **Recommended**?

- A player, who has been in close contact with an individual (outside of their immediate household) who tests positive for COVID-19, unless the player is **fully vaccinated**, is recommended to quarantine until the 11th day from the onset of the COVID positive person's symptoms (or positive test result if the positive person had no symptoms)

When to Contact the SYHA COVID Contact ([COVID-19 Contact](#))?

- For a COVID-19 positive player
- If a member of the players immediate household is COVID-19 positive
- If a player is choosing to quarantine due to a close contact who is outside of the players immediate household

Masking is not required at the arena at this time. However, that decision can change if necessary. Families will be notified in advance if masking becomes a requirement.