April 2020	Wall-Ball times	Personal best for the day	# Push ups in 60 Seconds	Personal best for the day	# Sit ups in 60 Seconds	Personal best for the day	# Squats in 60 Seconds	Personal best for the day	40 Yard dash times	Personal best for the day	Mile run times	Personal best for the day
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Thursday 30												
May 2020	Wall-Ball times	Personal best for the day	# Push ups in 60 Seconds	Personal best for the day	# Sit ups in 60 Seconds	Personal best for the day	# Squats in 60 Seconds	Personal best for the day	40 Yard dash times	Personal best for the day	Mile run times	Personal best for the day
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June 2020	Wall-Ball times	Personal best for the day	# Push ups in 60 Seconds	Personal best for the day	# Sit ups in 60 Seconds	Personal best for the day	# Squats in 60 Seconds	Personal best for the day	40 Yard dash times	Personal best for the day	Mile run times	Personal best for the day
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July 2020	Wall-Ball times	Personal best for the day	# Push ups in 60 Seconds	Personal best for the day	# Sit ups in 60 Seconds	Personal best for the day	# Squats in 60 Seconds	Personal best for the day	40 Yard dash times	Personal best for the day	Mile run times	Personal best for the day
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