

AYHA Return to Rink Plan

The purpose of this document is to provide all AYHA members guidelines for a safe return to the rink.

It is the responsibility of each member to know the symptoms of COVID-19. Members with the following symptoms or combination of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing

Or at least two of the following symptoms:

- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Members with the above symptoms should not enter the rink until the symptoms have subsided.

The following will be implemented in order to maintain a safe return to the ice at AYHA:

- Only athletes, coaches, and 1 team parent (assigned weekly) will be allowed in the rink with the exception of the mite and mini mites where one parent will be allowed in the rink per child.
- Players should arrive 10 minutes before practice dressed and ready for to hit the ice (with the exception of skates)
- Player benches will be shut down
- Players should bring their own filled water bottle
- Teams will split players among two locker rooms, benches marked for social distancing
 - Each team is responsible for cleaning the locker room AFTER their practice (cleaning solution provided by AYHA).
 - Cleaning schedules and requirements will be provided at a later date
 - Players should remain in the rink no longer than 10 minutes after practice, allowing for time to clean
- No spitting or handshakes
- No sharing of equipment
- No skin-to-skin contact
- Bathrooms will be open; however, it is encouraged to limit bathroom use
- Players should keep gloves on after skates are tied until practice is over
- High traffic areas will be cleaned on a more frequent basis

- Check lists will be provided to ensure cleaning is done

In order to ensure the safe entry/exit of athletes in and out of the building, AYHA will follow these procedures:

- Players must wait outside until they are let into the building
- After the ice is resurfaced, players will be notified to exit the locker room
- Once practice is over players should immediately change and exit the rink within 10 minutes

AYHA will follow the governor's executive order and require that all members age five and older wear face coverings when indoors. If and when the executive order expires, AYHA will still require masks to be worn the same as the School District of Amery.

It is the responsibility of all AYHA members to follow these guidelines to ensure a safe return to the rink. If you have any questions or concerns, please contact any one of the AYHA board members.

We look forward to getting back on the ice and hope to have a season as close to normal as possible. COVID-19 carries with it many uncertainties; however, we know for sure the importance of getting our kids back on the ice to play a game we all know and love.

Thank you for your patience and cooperation in getting our kids back on the ice.

“Kids on Ice are Seldom in Hot Water”
AYHA Board