



## **Return To Games Procedures - Parents**

### **PHASING:**

The phased approach to Return-to-Play are provided here for context:

- Phase 1: “Internet-only” soccer, where players do individual sessions at home guided by their club.
- Phase 2: this phase allows for outdoor, 25-person trainings, with specific protocols in place to reduce the spread of COVID-19.
- Phase 3: This phase allows for the resumption of full team trainings (with contact) as well as scrimmages, with specific protocols in place to reduce the spread of COVID-19.
- Phase 4: This phase allows for the return of competition/league matches.

**Where we are - PHASE 4:** Now that we are in phase 4, we can have the return of competition/league matches.

### **RECOMMENDATIONS:**

General recommendations to stop the spread of infection, as outlined by Minnesota Department of Health:

- Stay at least 6 feet from other people.
- Stay home if you feel sick and contact your health care provider.
- Avoid touching your face.
- Wash your hands often, with soap and water. Wash for at least 20 seconds.
- Cover your mouth and nose when you cough or sneeze. Cough or sneeze into your elbow or a tissue. Throw used tissues in the trash and wash your hands afterwards.
- MDH recommends wearing a cloth face at all times in public settings whether indoor or outdoor. The current Minnesota Executive Order must be followed, which indicates that masks are required in the outdoor setting if social distancing (> 6 feet of distance) cannot be maintained
- Clean and disinfect things that people touch a lot: counters and other surfaces; telephones, remote controls, and other devices; doorknobs, stairway railings and other objects.
- Avoid contact with other individuals (shaking hands, for example).

### **PRIOR TO ARRIVING:**

- It is recommended that players from different households do not drive/carpool together.
- All participants should use the Minnesota Symptom Screener: <https://mn.gov/covid19/for-minnesotans/if-sick/is-it-covid/>. (Is it COVID document)
- Each player, coach, and referee should check his/her temperature at home, and refrain from participation if he or she has a fever ( $\geq 100.4$  degrees F).

All coaches, players, referees, and others (i.e. spectators) should be monitoring their symptoms at home to ensure that:

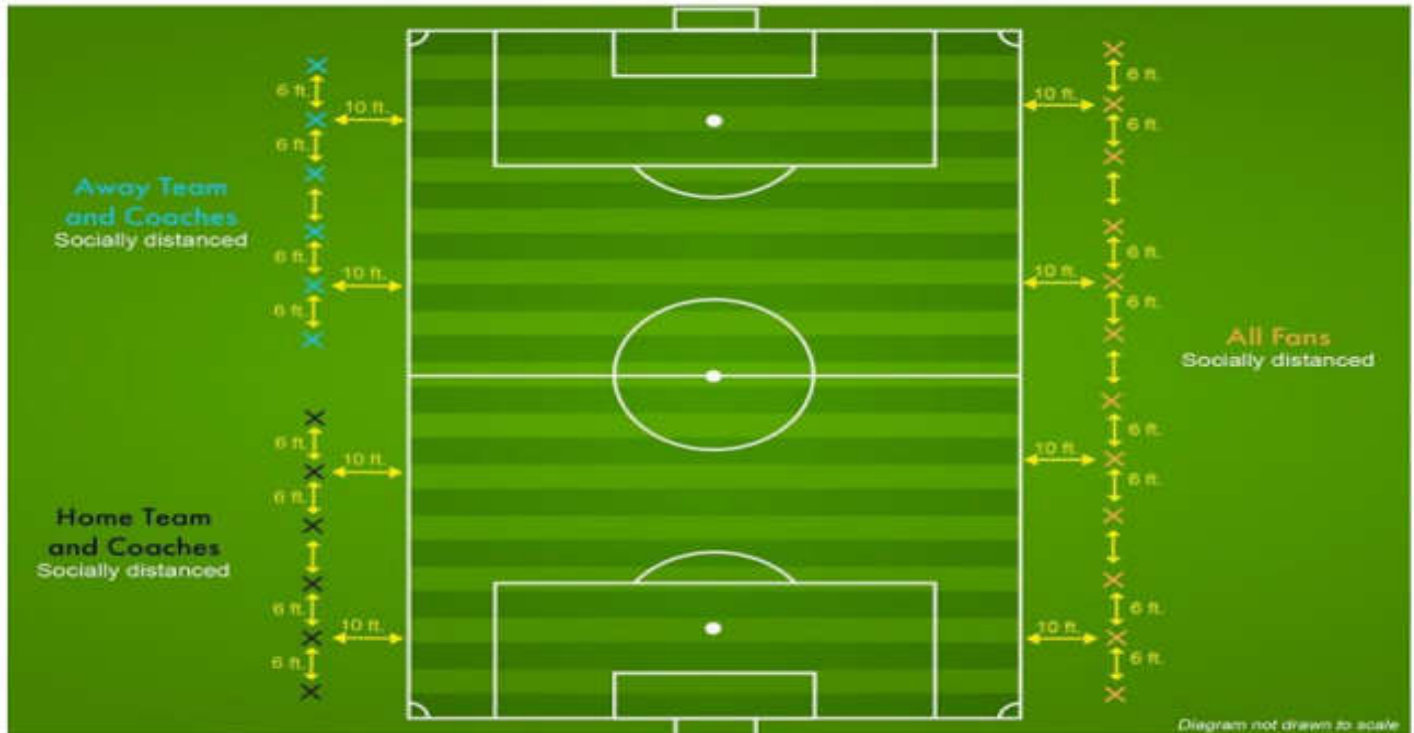
- He/she is not currently demonstrating or suffering from any ill symptoms (see REPORTING OF AND SUSPECTED POSITIVE COVID-19 INFECTION Appendix A)
- He/she has not had a suspected or documented case of COVID-19 in the last 14 days (see REPORTING OF AND SUSPECTED POSITIVE COVID-19 INFECTION Appendix B)
- He/she has not had any close contact with a sick individual or anyone with a confirmed case of COVID-19 (see REPORTING OF AND SUSPECTED POSITIVE COVID-19 INFECTION Appendix C)



Any individual who is unable to confirm the above criteria should not participate and contact both their Club and healthcare provider.

### FIELD LAYOUT:

The below layout will be utilized for the fall season:



### SPECTATORS

- Please be aware of the people around you
- Please be aware of the players when they are taking throw ins and corners
- Please DO NOT touch the soccer ball with your hands. If the ball goes out of bounds either leave it and let the players retrieve it or pass the ball back to a player using your feet.
- Please stay 10 feet away from the field when setting up your chairs. We will hopefully have an additional white line running parallel with the field for parents to stay behind
- It is strongly recommended that players have a minimal number of supporters on site whenever possible.
- Everyone is expected to cover their mouth when coughing or sneezing (into the nape of the elbow).
- Anyone feeling sick should leave the facility immediately, go home and if needed, seek medical guidance from a healthcare provider.
- Avoid touching their eyes, nose, and mouth with their hands whenever possible.
- Tents, tarps, or large group structures will not be permitted in the spectator areas of the sidelines.
- It is strongly recommended that people over the age of 65 and/or people with pre-existing conditions do not attend.
- MDH recommends wearing a cloth face at all times in public settings whether indoor or outdoor.
- The current Minnesota Executive Order must be followed, which indicates that masks are required in the outdoor setting if social distancing (> 6 feet of distance) cannot be maintained.