



5 WAYS

to support your 12 and older athlete on the

PARTICIPATION PATHWAY



1

Encourage a joy-driven process focused on experience.

2

Embrace the social aspects for your child.



3

Respect your athlete's commitment level.

4

Support and nurture the goals of your athlete.



5

Encourage your child's development by saying "I love to watch you play...."

TEAM USA

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The following organizations contributed to the creation of these resources for use by all sports organizations in the U.S.

