

**“Let’s Wear A Mask So We Can
Wear Our Uniforms This
Season!”**

-NJSIAA

As a result of the worldwide COVID-19 Pandemic, there are substantial risks in participating in any team activity including football. In consideration to our Sparta Football Family, we are taking additional steps to keep everyone as safe as possible. We ask that you do the same!

Please see the Parent and Player Checklist for our return to football!

Parent and Player COVID Checklist



Ensure your child does not have a fever of 100.4 or higher. If they do, they can not return to practice until no fever has existed for 24 hours



If your child is not feeling well, they should stay home from practice



If you, your child and/or family have recently been in contact with someone who has tested positive for COVID-19 or is suspected of COVID-19, you should keep your child home from practice until you have confirmed you or your child are not COVID-19 positive. Contact your Head Coach and/or Josh Hertzberg regarding quarantine status.



Your child should bring a face covering to practice and games (mask or gator). They are required to be worn when social distancing can not be met, except when participating in a game or practice activity. Masks are required on the sideline during games.



Have your child dressed in full pads excluding helmet before leaving the car to enter the practice field. Mask must be worn from car to temperature check and then to the field. A designated coach will be taking each player's temperature prior to practice and games.



Your child should have their own water bottle labeled with their name to ensure no one other than your child uses that bottle. No sharing of water at games or practices. Make sure your child has enough water!



Use of player's own equipment is required. **NO SHARING!**



Parents who remain at practice must wear a face mask when social distancing guidelines can not be met.



Bring the signed COVID-19 Questionnaire to ALL practices and games. This is a requirement.