

JR PACER FOOTBALL UPDATE & REQUEST -- August 19, 2020

I hope and pray all is well with you and your families! We're nearing the start of the school year here at Shoreland Lutheran High School and looking forward to the start of the fall football season.

I have some information to share with you about our Jr. Pacer team but first I have an important request for each of you to make sure we have all the right sizes for equipment for our team. Please measure your son(s):

- Head circumference - ([video link for help](#)) wrap a cloth tape measure around the thickest part of his head 1 inch above his eyebrows.
- Chest circumference - ([video link for help](#)) wrap a cloth tape measure around his upper torso, underneath his armpits
- Shoulder width - drape a cloth tape measure along the natural contour of his shoulders and measure from one edge to the other (top of the humerus bone on either side)

Write all the measurements down and send them to me via email (huebnerp@slhs.us) or text message (262-939-0044) ASAP. Ideally, I'd like to have all of the measurements by Noon on Friday, 8/21.

Next, to calendar information, I've made a request to our league, the GMMYFL, to allow us to start practicing on Monday, August 31st so that we can complete the 14 required practices before playing a game by the first game date which is currently set for Saturday, October 3rd. Coach Sittig plans on holding practice on Monday, Tuesday, and Thursday evenings from 5:00-6:30pm at Shoreland Lutheran on the practice field just north of the game field.

Here are the dates Coach Sittig is looking at:

- Aug. 31, Sept. 1, 3
- Sept. 8, 10
- Sept. 14, 15, 17
- Sept. 21, 22, 24
- Sept. 28, 29, Oct. 1

Also of note, when we practice, we must follow the WIAA Heat Acclimatization plan which means the first two practices are in helmets only and the next three practices are helmets and shoulder pads only.

Finally, our schedule is still very fluid as city and county health departments tend to make policy changes on an almost daily basis. Thanks for your patience and for your willingness to have your boys be a part of our program this fall. If you have any questions or concerns, please contact me or you can contact Coach Ryan Sittig at rufishing4@yahoo.com or 262-880-1825.