

TCT SEPTEMBER 2019 NEWSLETTER

Welcome to Fall Session 2019!

Our monthly newsletter is designed to keep our customers informed about what's happening throughout the year at Twin City Twisters. Coming up in Fall Session are birthday parties, the girls team compulsory meet season and more.

TWISTERS

A quick few things to note right from the get-go:

Just a few reminders so you know what to expect each week.

- School year schedule runs September - May
- Be sure to check in at the front desk each week before class
- If you are late to class, students **MUST** be brought out to their class by a TCT employee. We will do this at 5 minute intervals to reduce disruption to classes. **DO NOT** let your child enter the gym unsupervised.
- Hair shoulder length or longer needs to be pulled back into a low pony or braid
- Jewelry should not be worn in the gym with the exception of stud earrings
- Students should wait in the lobby listening for their class to be called into the gym.
- Gymnasts should be bare foot as socks or tights can be slippery on floor and trampoline. No shoes.
- Please don't let students leave valuables in the cubby room. TCT is not responsible for lost or stolen items.
- Have your child(ren) use the restroom before class begins.
- Parents are not allowed out in the gyms with the exception of a parent/child class.
- Adults only in the upstairs viewing area.

Make-Ups for Missed Classes

- Starting September 2019 TCT will allow make-up classes in any current class of your child's level that has openings. Please speak with an office staff if you are unable find an opening that will work for you..
- Pre-registration with the front office is **required** to participate in a make-up.
- Three make-ups are allowed during the school year

SAFETY is the Focus in the First Class of Fall Schedule

Students will be learning/reviewing safety guidelines around the gym during the first week of classes. It is important that all students know and understand what they can do to reduce risk of injury to themselves or others.

Please ask your child(ren) to stay inside the office/lobby while waiting to be picked up after class.

GYMNASTICS

Team Corner

Congratulations to Grace McCallum in qualifying and competing in the U.S. Championships in Kansas August 15-18.

Grace put in a solid performance in the Senior Division (competing against rock star Simone Biles) and finished 3rd AA after 2 days of competition.

NICE JOB GRACE!

Preschool Parties

TCT hosts a number of preschool parties throughout the year. Participants ages 3-7 will enjoy a fun craft and snack, gym time and sometimes a visit from a special guest.

October 25, 2019, 12:00-2:00	Halloween Party
November 22, 2019, 12:00-2:00	Thanksgiving Party
December 20, 2019, 12:00-2:00	Holiday Party



TCT Online

OUR WEBSITE

TCT's website is full of information about upcoming events, different programs we offer from adaptive classes to ninja to preschool to recreational. You can also find registration information, open gym permission slips for friends who aren't members and class schedules. Our class schedules show real time numbers of spaces available in each class (browser page refresh may be required).

JACKRABBIT

TCT offers online registration. If you have not done so yet please login to the TCT parent portal to e-sign TCT's policies. The parent portal allows you to view/edit your family information, see past enrollment and transactions, and view your child's progress. You can find instructions on how to log in at twincitytwisters.com under the Parent Portal tab.

September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Safety Week	2 Labor Day TCT Closed	3 School Year Schedule Begins	4 Team Fall Schedules Begin	5 Open Gym 10:00-11:00 (Ages 18mo & up) \$5.00 @ Brooklyn Park Location	6	7 Open Gym 3:30-5:30 @ Brooklyn Park Location
8	9	10	11	12 Open Gym 10:00-11:00 (Ages 18mo & up) \$5.00 @ Brooklyn Park Location	13	14 Open Gym 3:30-5:30 @ Brooklyn Park Location
15	16	17	18	19 Open Gym 10:00-11:00 (Ages 18mo & up) \$5.00 @ Brooklyn Park Location	20	21 Open Gym 3:30-5:30 @ Brooklyn Park Location Movie Night 6:00-9:00 Ages 4+ (\$20) (pre-register req.)
22	23	24	25	26 Open Gym 10:00-11:00 (Ages 18mo & up) \$5.00 @ Brooklyn Park Location	27	28 Open Gym 3:30-5:30 @ Brooklyn Park Location
29	30					

Birthday Parties

TCT / Ninja Zone offers birthday parties most Sundays at our Brooklyn Park location! Parties are an hour and a half in length and include an hour in the gym and a half hour in the party area for gift opening. Call the office for more information and to book your party. 763-421-3046.

Parties are offered September and May on Sundays: 11:00, 12:30, 2:00, 3:30 & 5:00. Spots fill quickly with only a few left this month so so sign up today!