

IAHSSCA East vs. West Senior All-Star Game – Girls Rosters

East Coach – Ed Knupp; Pleasant Valley

West Coach – Andrew Messer; Norwalk

East	Hannah Thomsen	Defender/Center Back	Nevada
East	Nykole Hernandez	Defender/Center back	Newton
East	Odalyz Valdez	Forward/Mid	Columbus Community High School
East	Jordyn Foelske	Forward/R Wing	Denver High school
East	Grace Coates	Forward	Marion High School
East	Delaney Holtey	Forward	Cedar Rapids Kennedy
East	Shakayla Lamer	Forward, Mid	Benton Community
East	Julia Bernat	Goalkeeper	Iowa City West High
East	Maggie Conrad	Goalkeeper	Xavier High School
East	Kayla York	Midfield	Williamsburg
East	Isabel Rusmann	Midfield Central	Pleasant Valley
East	Emma Sueppel	Forward	Iowa City Regina
West	Emma Angus	Defender	Dallas Center Grimes
West	Annika Wallace	Defender	Norwalk
West	Mollie Nelson	Defender	Tri-Center
West	Katie Currans	Defender/Center Back	Gilbert High School
West	Macy Epp	Defender/Right Back	Ankeny Centennial High School
West	Kayla Meyer	Forward	East Sac County
West	Kirsten Small	Forward	Spencer
West	Cynthia Renes	Goalkeeper	Hoover high
West	Carlie Winchester	Goalkeeper	Missouri Valley
West	Megan Miller	Midfield (10)	Des Moines Christian
West	Emma Thompson	Midfield	WDM Valley
West	Alyssa Kellar	Midfield	Treynor
West	Avery Blasdel	Midfield/Central	Glenwood
West	Josie Byl	Midfield/Holding	Unity Christian
West	Rachael Christmann	Midfield/Wing	Ankeny Highschool
West	Crystena Keesee	Midfield/Wing	Council Bluffs Abraham Lincoln
West	Nevada Voss	Midfielder/Central	Johnston High School
East	Sofia Muse	Midfield	Waukee