

2025– MN Select Fall League

Rules and Additional Information

1. For matches at all sites, matches will consist of the best of three sets in which a third set will only be played if necessary to decide match outcome. Scoring for these sets at all sites will be 25, 25, and 15, win by two points; with a cap at 27, 27 and 17 respectively.

- 2A. For all matches: Matches will be self-officiated by both teams' coaches. We recommend one team's coach to act as the match official (and officiate from their team bench) and the other team's coach to act as the scorekeeper (from their team bench). Teams are encouraged to 'call their own' infractions (as described below) in this format in an effort to support the best efforts of the coach who has agreed to officiate. **Each coach MUST bring a whistle** – it is never a good time to share a whistle. The coach who agrees to keep score will both maintain a very basic scoresheet provided as well as keep the visual score. USAV rules will apply. All rules will be relaxed to allow for play, however the rules will not be abandoned completely. Athletes **will not** be allowed to catch the ball at any time, **nor will they be allowed to be in or under the net so as to create a safety hazard for other athletes.**

3. Warm ups will ONLY occur prior to each team's first match of the day. They will consist of two minutes of shared court time and four minutes of individual team court time to hit AND serve - (2/4/4). Teams are NOT allowed to ball handle during the other team's individual court time. **Volleyballs WILL be provided for warm-ups. Do not bring volleyballs.** There will NOT be warm ups prior to the final match of a three-team pool except for two minutes of shared court time to pepper, etc.

4. The 4th-6th grade division will compete on a 7' net, with a light volleyball. The 4th-6th grade division will also have a 5 consecutive serve rule, meaning if an athlete serves 5 times before the opponent "sides out" their team will then rotate to the next server while retaining service.

5. The serving line for **both** divisions will be in a place where an athlete has an opportunity for success and to start play. In the 4th-6th grade division that might mean on or near the 10' line! In the 7th-12th grade division this could mean being multiple steps in from the end-line. The goal of the league is to play!!! If an athlete has success from a location in-front of the end-line, coaches must encourage that athletes to move back a bit for their next serve. ***Coaches, if an athlete is physically capable of serving from behind the end-line, you should require them to do so.**

6. Uniforms are not required for this league, however, matching shirts are recommended. Coaches will not turn in line ups. Substitutions are unlimited, however athletes are only allowed to play in the front row for, the normal, three rotations. Teams can however, utilize a libero in the back row should they chose. The libero is only allowed to serve for one position in the team's rotation.

7. Teams are allowed 2 time outs per set. Time outs shall last 30 seconds. Coaches will be allowed on the court during timeouts only to assist with court positioning of athletes.

8. All league dates are required events for ALL teams. 9/13, 9/20, 9/27, 10/4, and 10/11.