

AMERICAN PRIDE VII Team Duals Wrestling Tournament Sponsored By OH-WAY Wrestling

Tournament Director: Randy Hartman Cell: 937-869-6969

Location: Mountaineer Casino Resort – 1420 Mountaineer Cir. New Cumberland, West Virginia 26047

Date: Saturday, November 30, 2019

Weigh-ins: **\$20 Fast Pass Weigh-in: Friday 3:00-4:00 pm**

Friday, November 29th 6:00-7:00 pm Saturday, November 30th 8:30-9:00 am

Start Time: Gates Open at 8:30 am /Wrestling Starts at 10:00 am

Entry Fee: \$500 per team- Cash, Check, or Money Order Made Payable to OHWAY **Admission:** \$20 Adults / \$5 Kids age 6+ / Kids 5 & under Free! \$30 Weekend Pass

AGE GROUPS: Age Groups are Determined by the Wrestler's Age on the day of the event.

| AMERICAN PRIDE 7 Team Duals Divisions & Weight Classes Turkey Day Allowance (+2 Allowance - ex. 45 can weigh 47, 70 can weigh 72, etc.): | |
|--|---|
| 9U | 40, 43, 46, 49, 52, 56, 60, 65, 70, 75, 82, 92, 150 |
| 12U | 54, 58, 62, 66, 70, 74, 78, 82, 86, 91, 96, 101, 112, 125, 200 |
| 15U | 75, 80, 85, 90, 95, 100, 105, 110, 120, 130, 140, 150, 170, 260 |
| Girls 19U | 50, 57, 64, 70, 78, 84, 92, 100, 110, 122, 135, 148, 160, 200 |

To Enter the Duals please email information to ohioway.director@gmail.com by November 15th.

Style/Rules:

- Modified High School Rules.
- Pools, Then Bracketed.
- Rosters can be changed each dual (as long as all team wrestlers are weighed in & sign release)
- Matches are three (3) one minute periods for 9U, 12U, and Girls (3) one and a half minute periods for 15U
- OT will be MS Rules
- Headgear optional, mouth guard required for any wrestler wearing braces.
- Singlet or t-shirt/sports bra and shorts are required for weigh-in.

Awards: 1st place team members receive a singlet! All wrestlers from top 4 teams receive a medal! Top 8 teams receive a plaque!

Individual Tournament information available at Ohiowaywrestling.com

^{**}American Pride VII Dual team weight may be used for Individual Tournament on December 1st**