

# ALL IN ATHLETICS

## WINTER 2020-2021 RETURN-TO-PLAY GUIDELINES

### **Check-in, court assignment & entry:**

- Please drop-off your child 5-10 minutes before your scheduled practice time. All players will meet outside the designated entrance and receive a temperature check with an ALL IN staff member outside the gym.
- All players will wait outside to enter the building until the prior group leaves the building.

**Pickup:** Players must be picked up promptly at the end of each scheduled activity.

**Daily Screening:** Every parent must complete the self-screening form at home with their child before attending a practice or scrimmage this winter. The screening form is easily accessible on the front page of our website at [aiathletics.com](http://aiathletics.com). If you answer "Yes" to any of the questions or if your child's temperature is above 100.4, please do not send your child to the scheduled activity. Every player will also receive an additional temperature check before they enter the building.

**Equipment:** All players must bring their own basketball, water bottle and disinfecting wipes to practices & scrimmages. Water fountains will not be accessible and all players must use their own basketball to follow appropriate social distancing guidelines. Players will use disinfecting wipes to wipe down their basketball before and after each session.

**Masks:** The CDC recently expanded its definition of who is considered a close contact. The CDC had previously defined a "close contact" as someone who spent at least 15 consecutive minutes within six feet of a confirmed coronavirus case. The updated guidance, which health departments rely on to conduct contact tracing, now defines a close contact as someone who was within six feet of an infected individual for a total of 15 minutes or more over a 24-hour period. With this new information, along with an increase in cases in the Chicagoland area, we will be requiring face masks to be worn at all times by players and coaches this season.

We will be providing mask breaks for players as needed. The expectations of our coaching staff are that reasonable, realistic and frequent mask breaks will be given while players are socially distanced in the gym. We also recommend that each player brings more than one mask to the tryout, as masks are most breathable when they are dry. If a player's mask becomes damp from sweat or water, they will be able to change them as needed.

**Drop-off & Pick-up:** Parents are required to stay in their car in the parking lot for both drop-off and pick-up. Only players and coaches will be allowed in the building to limit the amount of interaction between individuals.

**Streaming:** At this time, scrimmages and competitive games are not allowed in Illinois. If they are allowed at any point this season, parents will still not be allowed in the gyms. To help provide viewing to the parents this winter, we have a streaming service setup at the Berto Center. There will be a \$5 fee for a day pass to view live scrimmages. Unfortunately, there is no free way to offer streaming to the parents. The organization we are working with usually charges \$8/day, but we negotiated with them to be able to provide streaming to our families for \$5/day.

**State Guidance:** The Illinois Department of Public Health (IDPH) recently changed the risk level of basketball from medium to high risk for their winter guidelines. According to the guidelines, high risk sports should only participate in "Level 1" activities this winter, which include non-contact team practices and no intra-team scrimmages or competitive play. Please note, these are guidelines and not mandates or orders, but we do take state guidelines into serious consideration when forming and updating our program guidelines. We understand there has been a recent rise in COVID cases, but that should affect the level of play that is allowed, not the risk level of a sport. We are not sure what sparked this change, but we are doing our due diligence to determine the safest path forward for our winter teams.

Having said that, non-contact team practices and training sessions will be held as originally scheduled this winter. Thankfully, games/scrimmages for winter teams were not planned until December at the earliest, allowing time to consult with medical professionals and industry leaders to create safe plans for all winter teams. The program payment structure for teams will be changed to charge an initial base fee for the season, which will include non-contact team practices and uniforms for new players with an add-on fee for if/when we are able to add scrimmages and/or games to the schedule.