

WELCOME TO THE FALCON INVITE

- ❖ **LOCATION:** Fox River Park
- ❖ **RACE TIMES:** 4:15 p.m. All Girls and 5:00 p.m. All Boys
- ❖ **DATE:** October 5th, 2023

Coaches,

Welcome to the annual Falcon Invite. We are running our meet at Fox River Park (map is attached).

Participating schools include: Badger, Beloit Memorial, Big Foot, East Troy, Elkhorn, Greendale, Kenosha Christian Life, Racine Case, The Prairie School, Shoreland Lutheran, South Milwaukee, Whitnall, Wilmot and host Westosha Central.

All girls run at 4:15 p.m. and all boys run at 5:00 p.m. **You will NOT need to designate seven Varsity runners when submitting your lineup to Wisconsin Runner.** We will use the top seven finishers from your team for varsity scoring. The remainder of your athletes will comprise your JV team.

TEAM ENTRY: Teams must enter the meet on Milesplit WI at: <https://wi.milesplit.com>

Entries are due by 7:00 pm on Friday, September 29th. If you have any problems, please contact the Wisconsin Runner at (262)633-0033.

Teams that do not submit their rosters by the entry deadline will be assessed a \$25.00 late fee which must be paid race day. Late entries must be submitted on the downloadable excel XC roster form on the Wisconsin Runner homepage www.wisconsinrunner.com . Simply download the form, save it to your computer (include your school name in the file title), complete and save the form and then e-mail it to: wisrun@gmail.com.

Starting Boxes:

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|-----------------------|---------------------|
| 1. The Prairie School | 8. East Troy |
| 2. Whitnall | 9. Wilmot |
| 3. Badger | 10. Elkhorn |
| 4. Shoreland | 11. Greendale |
| 5. Big Foot | 12. Racine Case |
| 6. Westosha Central | 13. South Milwaukee |
| 7. Christian Life | 14. Beloit Memorial |

Awards

- Plaque to champion team of boys and girls races.
- Medals to the top 10 finishers in each race at the awards ceremony

Concession Stand

- Westosha Central parents will be hosting a concession stand selling food and beverages.
- Please support our concession stand as all proceeds go directly to our program.

The course is hilly with trails and spikes are recommended. Bathrooms and an athletic trainer will be available. We will also be selling Falcon Invite t-shirts.

We look forward to hosting you at our Falcon Invitational. If you have any questions, please call

Jessica Monson: (262) 843-2321 ext. 241, or (262) 492-6662

Jon Lindh: (262) 945-6133 or (262) 843-2321 ext. 245

Directions to Fox River Park

From the East go past the high school approximately ½ mile to Hwy F and turn left. Follow F over the Fox River Bridge and into the main entrance to the park on the left. Please drop off in Lot #1 and park in Lot #3.

From the West on Hwy 50, turn right (south) on Hwy W and follow the road along the Fox River until you reach a four way stop. Turn left (east) on Hwy F and Fox River Park will be on the right side (south) of the road.