

Tomahawk Hockey Association 2020-2021

COVID-19 Guidelines for Safe Practices

UPDATED 01-07-2021

These guidelines are mandatory and new and may evolve as the season progresses

- The THA Board is to be notified if coaches and/or players have been in close contact w/ a person who has tested positive for COVID-19. Please refer to the CDC guidelines regarding what is considered close contact. <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/contact-tracing.html#:~:text=Contact%20tracing%20will%20be%20conducted,or%20probable%20COVID%2D19%20patients>.
 - Families are to notify their head coach as soon as possible, no later than within 24 hours of a positive COVID-19 diagnosis. DO NOT COME TO THE RINK.
 - In the event of a positive COVID-19 diagnosis of a player or coach, the entire Association will be notified of a positive test within the Association & the specific team will be notified of a positive test within their team. No other identifying information will be provided.
 - If a family member has a positive COVID-19 diagnosis, we ask that you follow the health dept / CDC guidelines and quarantine for 14 days. DO NOT COME TO THE RINK.
 - (UPDATED 1.7.21) If you are on QUARANTINE – You must Quarantine 14 days from the rink – same as the school IF YOU DO NOT GET TESTED.
 - (UPDATED 1.7.21) If you are on QUARANTINE – AND YOU GET TESTED WITH A NEGATIVE RESULT – You can come back to the rink per the date given to you by the Health Dept.
 - If you are waiting for a test result - QUARANTINE until you get your test results – DO NOT COME TO THE RINK.
1. If you are sick – STAY HOME!!! If you come to the rink sick – you will be sent home.
 2. Skaters should come to the rink dressed (minus helmets and skates).
 3. Enter thru the Main Doors or North Entrance as designated on the Tomahawk Hockey Association website for your practice NO MORE than 10 Minutes before. Enter the rink wearing your facemask and use hand sanitizer station set up by the door.
 4. Locker rooms will be CLOSED. Chairs will be setup against the wall marked for social distancing to put skates, helmets and gloves on. NO HOCKEY BAGS/BAGS ARE ALLOWED INTO THE RINK.
 5. Goalies can bring their bags and gear into the rink and utilize a locker room to get dressed. Goalies are also allowed to enter the rink 15 minutes prior to practice time.
 6. Skaters must wear masks when entering the rink and while dressing.
 7. Per WAHA Requirement, all skaters must wear a face covering on ice during practice. The face covering must be worn properly, meaning completely covering the mouth and nose.
 8. Per WAHA, if a skater has asthma or other breathing disorders that preclude wearing a face covering on ice, then a parent or guardian must provide THA President and Coach a specific doctor identifying the specific skater and the medical condition and the reason for the skater not being able to wear the face covering on the ice during practice. This doctor note should be carried by parent or guardian at all times.

9. Coaches must wear masks on ice. Coaches should their mask properly, completely covering the mouth and nose.
10. Skaters can have water bottles. They CAN NOT share. Mark the water bottle w/ your name and keep distance between the bottles on the players' benches. It is recommended that the water bottle is filled at home.
11. One parent is allowed in the rink during scheduled practice times. Those attending, must practice physical distancing and wear masks during practices.
12. You will have 10 minutes after your practice to exit the building, using the same door that was entered in.
13. Warming room is not to be used for congregating.