



2020-21 CGAA BASKETBALL

Practice/Tryouts Health & Safety Guidelines

CGAA Basketball places the highest premium on player and coach safety. During any CGAA-sponsored event, we will take all possible precautions to prevent the spread of communicable diseases such as COVID. Participating in a contact sport such as basketball does include inherent risks that are assumed.

In general, CGAA will follow the MYAS [Return to Hardwood](#) (RTH) guidelines. However, anything noted in this document will supersede the RTH. Please remember that CGAA rents and does not own the gym space we utilize. All gym space is owned by South Washington County and the rules of District 833/Community Education govern our usage.

Coach (applies to any adult who will be physically in a gym during a practice or tryout)

- Must perform a daily health assessment including taking temperature 12 hours or less before event begins. Temperature must be 100.4° or lower to participate.
- Facial covering must be worn when not actively on the court coaching or evaluating.
- When huddled explaining drills, plays, etc. must keep kids as socially distanced as possible.
- Basketballs will be sanitized in between events – such as multiple game days or tryouts – and as often as possible during event itself however this cannot be guaranteed and using shared basketballs assumes all risks.
- Encourage players to thoroughly wash and sanitize hands frequently – especially after restroom breaks. Strongly encouraged to allow time during water breaks to sanitize hands.

Player

- Can arrive no earlier than 15 minutes before scheduled event time.
- Players are encouraged to bring their own indoor basketballs. No sharing of basketballs unless necessary for a drill or scrimmage/game.
 - Outdoor basketballs are not allowed in our gyms.
 - CGAA will provide basketballs for use for those who do not have them.
 - Sanitization of basketballs is encouraged but cannot be guaranteed before an event.
- Must have a daily health assessment performed by a parent including taking temperature 12 hours or less before event begins. Temperature must be 100.4° or lower to participate.
- If player misses school on the day of an event, they may not attend anything CGAA-sponsored.
- Facial covering must be worn until actively on the court and must be put back on immediately after event ends.
- Thoroughly wash and sanitize hands prior to coming to practice. Bring personal bottle of hand sanitizer if possible.
- Bring own water bottle or drink. No sharing of any drinks or bottles.

Gym logistics

- No congregating in hallways or commons areas prior to event starting – even if facial covering is on.
- If earlier than 15 minutes before scheduled start time, must wait outside. Parents – please plan accordingly.
- Gym must be completely cleared and basketballs sanitized before next group enters facility.
- Parents may not enter the gym during a practice unless coaching. Children must be dropped off and picked up outside. Please plan accordingly – especially in winter months.
- Drinking fountains and vending machines will not be available.
- Pinny jerseys will be provided during tryouts only. They will be washed and sanitized prior to each day of tryouts.
 - During practices, players are encouraged to wear their game uniform or a dark/light reversible. Players should consult their coach for proper practice dress.
 - Shirts vs. skins is not allowed at any CGAA event under any circumstances.

COVID Testing/Reporting

- Parents are required to notify their child's program Director and CGAA Basketball President if their child has tested positive or had direct exposure to a person known to test positive for COVID-19 (Coronavirus). Coaches are required to do the same if they have similar circumstances.
- All positive tests and/or exposure to COVID will result in a mandatory 14 calendar day quarantine period from all CGAA events from the earliest known date of exposure for the player.
 - Parents of other players on their team will be asked to monitor symptoms and report any changes in teammates temperature.
 - The CGAA Basketball Board will work with the team's coach to coordinate practice sessions if there are multiple individuals out due to COVID exposure.
 - Coaches or players will be allowed back to competition following the completion of this quarantine period and confirmation they are not exhibiting symptoms and have a temperature of 100.4° or lower.
- CGAA Basketball will report any known cases to parents of their team where their child may have had exposure. We will also report this information to the MN Department of Health if necessary and MYAS if after participation in a tournament they sponsor.
- Anonymity will be maintained throughout the reporting and communication process. No player or parent names will be shared publicly or with team members; only with the necessary governing bodies.