



Athletic Physicals

2020-2021

Oiler athletes and parents,

The annual HBHS Athletic Physical event will unfortunately not take place this year due to COVID-19. However, your athlete will still need a current physical to participate in athletics when we can safely resume. Please plan for your athlete to see their primary care physician for an athletic physical exam. Review the updated information below.

Anyone experiencing financial hardship, limited appointment availability at other offices, or insurance coverage issues please feel free to contact Beach Physicians Medical Group, Inc. at 714-848-1655. HBHS Team Physician, Dr. Bassil Aish and his medical team have graciously offered their services and will accommodate our athletes as much as possible. Don't forget to tell them you're an Oiler athlete!

We thank you for supporting this event in the past and plan to host Athletic Physicals again next year! Hope to see you all soon!

Courtney Eargle, MA, ATC
Head Athletic Trainer

IMPORTANT INFORMATION

- Download physical forms from hboilersports.com > More > Physical Form & Information.
- Physical exam and forms must be completed by a **M.D. or D.O. ONLY**. No physicals from chiropractors, physical therapists, etc. will be accepted.
- Upload your completed physical to athleticclearance.com OR bring the hard copy to Courtney in the Athletic Training Room when athletics resume.
- Questions? Email Head Athletic Trainer, Courtney Eargle at ceargle@hbuhsd.edu or Athletic Director, Melissa VandenBosch at mvandenbosch@hbuhsd.edu