

BOYS

Week 4:

Link to game: [PSG vs B. Dortmund \(1st half\)](#)

Stage 1 (U7-U10) (watch first 20 minutes)

U7

1. (Grp 1) Pick a player on PSG (blue team) be ready to talk about what he does when his team does not have the ball. Focus on how he defends 1v1 but also how he defends as part of a small group. (use the **PRESSURE** and **COVER** principles to explain what you see).
1. (Grp 2) Pick a player on Dortmund (yellow team), be ready to talk about what he does when his team does not have the ball. Focus on how he defends 1v1 but also how he defends as part of a small group (use the **PRESSURE** and **COVER** principles to explain what you see).

U8-U10

2. (Grp 1) How is PSG (red team) defending in the attacking third (phase 3)? Describe the shape (movement and where they go on the field) of the players involved in the defending. Use the **PRESSURE** and **COVER** principles to explain what you see.
3. (Grp 2) How is Dortmund (yellow team) defending in the attacking third (phase 3)? Describe the shape (movement and where they go on the field) of the players involved in the defending. Use the **PRESSURE** and **COVER** principles to explain what you see.

Stage 2 (U11-U12) (watch entire half).

1. (Grp 1) What is PSG (blue team) style of play?

ATTACKING: How do they try to progress the ball (build out of back, long balls to forwards etc)? Identify trends (re-occurring plays) that support what you are saying.

DEFENDING: Where on the field (own attacking, middle or defending 1/3) are they mostly winning the ball back? Can you describe how it happens and which players are (mostly) involved?

(Grp 2) What is Dortmund (yellow team) style of play?

ATTACKING: How do they try to progress the ball (build out of back, long balls to forwards etc)? Identify trends (re-occurring plays) that support what you are saying.

DEFENDING: Where on the field (own attacking, middle or defending 1/3) are they mostly winning the ball back? Can you describe how it happens and which players are (mostly) involved?

Stage 3 (U13-U16) (watch entire half).

1. (Grp 1) Identify PSG's (blue team) attacking style of play (patient build out, longer/direct balls etc) and identify the key players that help the team achieve (and be successful at) this.

(Grp 2) Identify Dortmund's (yellow team) attacking style of play (patient build out, longer/direct balls etc) and identify the key players that help the team achieve (and be successful at) this.

Stage 4 (U17-U19) (watch entire half).

1. (Grp 1) Pick two moments (note the timestamp) and describe the actions of the PSG (blue team) players when they lose possession (attacking to defending). Where (part of field) is it happening? What are they trying to do within the first 5 seconds? What are some specific positions on the field the players take? Were the actions different in the two moments? If yes, what do you think influenced their decisions?

(Grp 2) Pick two moments (note the timestamp) and describe the actions of the Dortmund (yellow team) players when they lose possession (attacking to defending). Where (part of field) is it happening? What are they trying to do within the first 5 seconds? What are some specific positions on the field the players take? Were the actions different in the two moments? If yes, what do you think influenced their decisions?

Girls

Week 4:

Link to game: [Blue vs White U15 DA \(2nd half\)](#)

Stage 1 (U7-U10) (watch first 20 minutes)

U7

1. Grp 1) Using the same player you picked last week, be ready to talk about what she does when her team does not have the ball. Focus on how she defends 1v1 but also how he defends as part of a small group. (use the **PRESSURE** and **COVER** principles to explain what you see).

(Grp 2) Using the same player you picked last week, be ready to talk about what she does when her team does not have the ball. Focus on how she defends 1v1 but also how he defends as part of a small group. (use the **PRESSURE** and **COVER** principles to explain what you see).

U8-U10

1. (Grp 1) How is the Blue team defending in the attacking third (phase 3)? Describe the shape (movement and where they go on the field) of the players involved in the defending. Use the **PRESSURE** and **COVER** principles to explain what you see.

(Grp 2) How is the White team defending in the attacking third (phase 3)? Describe the shape (movement and where they go on the field) of the players involved in the defending. Use the **PRESSURE** and **COVER** principles to explain what you see.

Stage 2 (U11-U12) (watch entire half)

2. (Grp 1) What is the **White** team's style of play?

ATTACKING: How do they try to progress the ball (build out of back, long balls to forwards etc)? Identify trends (re-occurring plays) that support what you are saying.

DEFENDING: Where on the field (own attacking, middle or defending 1/3) are they mostly winning the ball back? Can you describe how it happens and which players are (mostly) involved?

- (Grp 2) What is the **Blue** team's style of play?

ATTACKING: How do they try to progress the ball (build out of back, long balls to forwards etc)? Identify trends (re-occurring plays) that support what you are saying.

DEFENDING: Where on the field (own attacking, middle or defending 1/3) are they mostly winning the ball back? Can you describe how it happens and which players are (mostly) involved?

Stage 3 (U13-U16) (watch entire half)

1. (Grp 1) Identify the **White** team's attacking style of play (patient build out, longer/direct balls etc) and identify the key players that help the team achieve (and be successful at) this.

(Grp 2) Identify the **Blue** team's attacking style of play (patient build out, longer/direct balls etc) and identify the key players that help the team achieve (and be successful at) this.

Stage 4 (U17-U19) (watch entire half)

1. (Grp 1) Pick two moments and describe the actions of the Blue team players when they lose possession (attacking to defending). Where (part of

field) is it happening? What are they trying to do within the first 5 seconds? What are some specific positions on the field the players take? Were the actions different in the two moments? If yes, what do you think influenced their decisions?

(Grp 2) Pick two moments and describe the actions of the White team players when they lose possession (attacking to defending). Where (part of field) is it happening? What are they trying to do within the first 5 seconds? What are some specific positions on the field the players take? Were the actions different in the two moments? If yes, what do you think influenced their decisions?