



## DREW SAMPLE SELECTED IN SECOND ROUND OF NFL DRAFT

Congratulations to Drew Sample, a University of Washington football player who was drafted on April 26th into the NFL.

Drew became the latest tight end from UW to enter the NFL, as he was taken in the second round (No. 52 overall pick) of the NFL draft by the Cincinnati Bengals in the draft.

A 6-foot-5, 255-pound graduate of Bellevue's Newport High, Sample follows former UW tight end Will Dissly, who was drafted by the Seahawks in the fourth round of the 2018 draft.

As a part of our Sno-King family, we're proud of Drew and wish him much success in his career.

You can hear Drew talk about his time with Sno-King and how becoming a player for life impacted his career by watching the video. The Video can be viewed at [www.Snokinghockey.com](http://www.Snokinghockey.com)

## PRELIMINARY INFORMATION - TRYOUTS FOR SELECT TEAMS

Sno-King Members (For Your Information Only- No Action Required):

As is the procedure every season, tryouts for Sno-King Select teams for ages 12U and up will be held August 22nd-30th, 2019\*\*. There will be no tryouts held on Labor Day Weekend, Saturday Aug 31- Monday, September 2nd. 10UA tryouts will be held between September 4 and 8. There will be no 10UB teams for the upcoming season.

If a player wishes to have the opportunity to be placed on a Select team next season, they must attend the appropriate tryout.

Please remember tryout dates when planning your summer activities! If your player does not plan to play on a Select team, they do not have to attend tryouts.

NO ACTION IS REQUIRED BY YOU NOW AND MORE DETAILS WILL COME OUT IN THE SUMMER. PLEASE HOLD ANY QUESTIONS ABOUT SPECIFICS UNTIL THAT TIME. For more general information about Select teams click [here](#) and then click the links near the lower of the page labeled "Select" "Select A1" and "Select A2 and A3".

\*\*\*The information on specific days and time for specific teams will be announced later this summer".

## SNO-KING: GENERAL MEMBERSHIP MEETING AND PROPOSED BYLAW CHANGES

Sno-King Amateur Hockey Association General Membership meeting will take place Monday, May 13th at the Kirkland Ice Arena in the Warm Room. The meeting will begin at 7pm.

Members are invited to attend and the main item for the meeting will be voting on the proposed Bylaw changes [click here](#).

The awards for the 2018-19 hockey season and the elections for open Board of Director positions will be voted on at the Annual Membership meeting scheduled for September 22, 2019.

Absentee ballots for the bylaw changes may be obtained by sending an email to Brenda at [brenda@snoking-hockey.com](mailto:brenda@snoking-hockey.com) to request a ballot.

We are looking forward to seeing you there.

## 2019-2020 SEASON OPENER

Welcome to the Inaugural Season Opener for all Sno-King association players, coaches, managers, volunteers, parents and families that will participate in 8U through 18U divisions for the upcoming 2019-2020 season.

### TENTATIVE AGENDA:

- GUEST SPEAKERS
- MANDATORY COACHES MEETING
- SKILLS COMPETITION
- MEET YOUR TEAM
- BBQ SOCIAL

**“SAVE THE DATE”**  
• September 22nd • Sno-King Renton •  
**2019-2020 SEASON OPENER**

**SNO-KING JUNIOR THUNDERBIRDS ASSOCIATION**

**SNO-KING ICE ARENAS RENTON**

Inviting all Sno-King Families (8U - 18U)

# 2019 SPRING/SUMMER HOCKEY CAMPS

We are excited to see such an outstanding lineup of Clinics and Camps this year. The schedules for 2019 Spring Program and Summer Hockey Camps and Clinics have been posted online and registration is filling fast! Multiple camps have sold out and are on waitlist, so if you are wanting to register for a specific camp do so sooner then later.

The schedule includes a variety of exceptional hockey camps, clinics and off-season play for players that are equal to or better than what other more publicized and expensive camps offer in the area. The camps are run independently from SKAHA but the instructors include members of the Sno-King coaching staff, past players, and players from college and junior programs. In addition, there are also some camps from outside sponsors such as camps by Turcotte and by Hennes (see below).

There are opportunities for all age groups and they cover a broad range of activities from skating, stick handling, checking, shooting, defense, 3 X 3 games, goaltending and other fundamentals. Go to [www.SnoKing-Hockey.com/camps](http://www.SnoKing-Hockey.com/camps) for a listing of our current available camps and clinics by each level.

## CHECKING CLINICS

### MANDATORY FOR 12U PLAYERS ENTERING 14U SELECT

Learning body checking techniques are very important to the young hockey player, especially with the recent advancements and knowledge surrounding concussion diagnosis and prevention.

#### 2019 Checking Clinics - Renton and Kirkland

This clinic includes off ice checking, video and two hours of on ice. It is designed for the hockey player ages 6 to 14 years old. In the game of hockey it is important to know how to give and receive a check for obvious safety concerns. In fact, 87% of all injuries that occur in hockey are directly related to body checking. Effective use of the body becomes more important at the older ages, learning good technique at an early age is critical. Availability is limited.

#### Body Contact (8U 10U 12U) Recommended for all levels including Recreation

This section teaches safety, angling, stick checks, sweep checks, poke checks, puck protection, winning the one on one battles and separating your opponent from the puck while regaining control of the puck. We separate students into similar ages and skill sets.

#### Body Checking (14U) Mandatory for 12U Players entering 14U Select

This section teaches safety, angling, how to give and receive a check, hip checks, pinching, puck protection, winning the one on one battles, separating your opponent from the puck and some defensive strategies. We separate students into similar ages and groups.

### CLINIC DETAILS:

Times: 9am to 3pm	Levels: 8U, 10U, 12U, 14U
Dates Available:	Instructor: Doug Kirton
July 12th at Sno-King Kirkland	Location: Kirkland and Renton





## TRY HOCKEY FREE IN MAY AT BOTH LOCATIONS!

Try Hockey Free Day is happening next weekend at both locations! This event is for children between the ages of 4 and 9 years old that would like to try hockey for the first time. To register go to [tryhockeyforfree.com](http://tryhockeyforfree.com)

### KIRKLAND:

Saturday May 18th 1:45pm to 2:45pm

At Sno-King Ice Arena - Kirkland

### RENTON:

Sunday May 19th 12:45pm to 1:45pm

At Sno-King Ice Arena - Renton

Arena Address: 12620 164th Ave SE, Renton, WA 98059



## COACHES SPOTLIGHT

### DARREN TYMCHYSHYN, HEAD COACH 18UA1

Coach Darren has coached at Sno-King since 2011, all levels from 8U to 18U. This past season, Darren's 18UA team took third place in USA Hockey's Tier II National Championships in San Jose, California- a great achievement for Darren and his 18U players. Darren began his coaching career in Philadelphia, starting with high school hockey. He has coached both his sons here at Sno-King.

Darren also serves on the Sno-King hockey committee, donating more of his time, energy and insight into steering and planning the development of our Sno-King players and program.

A native of Alberta, Canada, Darren played Junior Hockey in Kelowna, and then on to play Division 1 at Cornell University in New York.

Darren is frequently found at the rink with his players, Grayson, age 16 (18UA1) and Chase, age 14, (14UA2) or home with his daughter Emerson, age 10 and wife Shannon.

For Darren, the best part of coaching is "being able to stay close to the game and experiencing the highs and



## HOCKEY FIGHTS CANCER

SKAHL raises \$1800 at the Hockey Fights Cancer event May 6th in Renton. Thank you everyone that participated and helped make this event successful!



## GROWING THE GAME WITHIN YOUR PROGRAM

USA Hockey recently released a startling fact in a magazine article: "Over the last 10 years, 50 percent of hockey players don't make it to 10U, and 30 percent only play one season, there is ever-greater competition for a family's finite time and dollars. That is why 'growing the game' has to become not just a slogan, but a cause – one which requires a staff focused on nothing else every day when they come to work."

At Sno-King we are committed to growing the great game of hockey at the grassroots level. Our Beginner department has recently added multiple sessions for both our Hockey 1 and 2 programs. We have been fortunate enough, through the leadership of Beginner Director Jenn Wood, to have added hundreds of new players over the last few years. Jenn mentioned that she has seen tremendous growth at Sno-King and expects to see more. "With the NHL coming to town in a couple of seasons, we expect that youth hockey will experience unprecedented growth in our area. At Sno-King we are ready and excited to welcome new players into our hockey family, and we know that new ice rinks will be necessary across our region to support this substantial growth."



Getting kids involved in the game with programs like "Try Hockey Free", USA Hockey's Come Play Hockey campaign and the NHL's Learn to Play program are all great ways to get kids interested in the game. Sno-King's main goal is to increase our association's retention rates, and to continue to build the base of the player pyramid in order to be able to build new teams from within our own program. Most programs want to build from within and growing the game and retaining and watching those players develop through the years is always the most rewarding.

If anyone is interested in trying hockey they should sign up immediately as programs are filling up quickly. Get involved sooner rather than later! Learning to skate is a very specialized skill and takes years of practice to become proficient.

Go to [www.Snokinghockey.com/learntoplay](http://www.Snokinghockey.com/learntoplay) for the link to Sno-King Learn to Play programs and start your journey. Who knows, you could be the first Seattle NHL draft pick!

## SNO-KING SKILLS TIPS AND UPDATES

Check out which camps our Skills Coaches are running this off-season!

### SUMMER SKILLS WITH KRIS WILSON (KIRKLAND)

Summer skills camp focuses on developing specific hockey skills to improve your all-around game performance as a player. Instruction for skills night will cover shooting, puck handling, edge work, puck battles, power skating, 1vs1 situations and a variety of other hockey skill development training. Each night will spotlight new and exciting drills through the camp duration run by Sno-King Skills Coach Kris Wilson.

Times: 6PM -7:10PM Nights: Thursday

Dates: Start-July 11th, Ends August 8th. \*Blackout Date: July 18th\*

Levels: 12U-14U-16U-18U

### 12U Rep Summer Skills with David Min - Renton

This 4 day camp is designed for 12u players that have played Rep level hockey in the 2018-2019 season. Each session will heavily focus on edgework, and other fundamental skills at high speeds while also having to react and compete in a intense environment. The goal is to further challenge players in their skill development at the Rep level.

Dates: July 26th, July 27th, July 28th and July 29th

Times: July 26th 6:45pm to 8pm - July 27th 5:30pm to 6:45pm - July 28th 1:45pm to 3pm - July 29th 6pm to 7:15pm

Levels: 12UA1 12UA2 12UA3

\*must have played on one of these teams during the 2018-2019 season

FOR MORE INFORMATION GO TO [WWW.SNOKINGHOCKEY.COM/CAMPS](http://WWW.SNOKINGHOCKEY.COM/CAMPS)

## PUCKS FOR A CURE!

Pucks For a Cure 24 hour Hockey Marathon and the event will be held at our Kirkland Arena on Saturday July 20th.

Most, if not all of us, have felt the loss of a loved one due to this awful disease. Fred Hutch does amazing work in research and treatment options for the many battling cancer. This is a great opportunity for our wonderful PNW Hockey community to pitch in some resources and have a little fun while we are at it.

For more information go to [http://engage.fredhutch.org/site/TR/PersonalFundraisingPages/General?px=1711977&pg=personal&fr\\_id=1575](http://engage.fredhutch.org/site/TR/PersonalFundraisingPages/General?px=1711977&pg=personal&fr_id=1575)



## THE SEASON IS OVER...NOW WHAT?



So, you've wrapped up the season. You've held your exit meetings, said your goodbyes and stored the whistle...so, now what?

There is still a little you can do for your players. It is good to let your players know that they can always reach out to you for assistance with what they can do in the off-season to hone their game. At the younger ages, it is simply keeping them active. At the older ages it is always good to recommend a camp or two to improve their skill.

The other thing you can do is give yourself a self-assessment of the season. What did you think you did well? What did you not do? what could you have done better? Those types of questions will help you determine if this is something you want to do again next year. If at the end of your review, you decide that you would like to again coach at Sno-King, let us know. Doug is always looking to lock up the right coaches for the upcoming season. If this is something you love to do, then why be coy? Throw your hat in the ring. We have some additional tools for you again next year. We are always looking to make your experience as best as we can.

Enjoy the break.

Mike Butters

## LIVE BARN IS NOW AT BOTH OUR RINKS!



## WATCH LIVE & ON DEMAND!

LiveBarn provides online broadcasts of youth and amateur sports at hundreds of venues across the US & Canada. Games are broadcast both Live and via On Demand replay.

Family & Friends can watch online when they can't make it to the game. Coaches and players can re-play their games, share video highlights or download full games for further review.

LiveBarn is available on a monthly subscription basis starting at \$14.95/month. If your primary rink location is Kirkland use PROMO CODE: eff1-ed2a if your primary rink location is Renton use PROMO CODE: a403-2cd3 for a 10% discount.

While viewing On Demand, you can SHARE 30-second highlights via social media and email or DOWNLOAD 30-minute clips and store up to 30 hours of video per month (premium accounts).

Visit [www.livebarn.com](http://www.livebarn.com) for more information.