

### **RVSC HELP ME GROW DIVISION**

Description: One trainer will be assigned to the class and an adult must be available to assist the player through all of the activities. The players will learn technical skills through fun activities and small sided games. Players will continue to develop listening skills, gross motor skills, problem solving, and ball skills in the program. Our hope is to instill passion for the sport. Questions can be directed to Nicole Petras, at [rvscrecsoccer@gmail.com](mailto:rvscrecsoccer@gmail.com). The classes run 7 weeks, weather and field conditions permitting. T-shirts will be provided to each registrant. Parents are responsible for size 3 ball, cleats, shin-guards and water. (Note: The club may combine age groups if necessary)

### **RVSC WATCH ME GROW DIVISION**

Description: One trainer will be assigned to the class and an adult must be available to assist the player through activities if necessary. The players will learn technical skills through fun activities and small sided games. Players will continue to develop listening skills, gross motor skills, problem solving, and ball skills in the program. Our hope is to instill passion for the sport. Questions can be directed to Nicole Petras, at [rvscrecsoccer@gmail.com](mailto:rvscrecsoccer@gmail.com). The classes run 7 weeks, weather and field conditions permitting. T-shirts will be provided to each registrant. Parents are responsible for size 3 ball, cleats, shin-guards and water. (Note: The club may combined age groups if necessary)

### **RVSC MICRO DIVISION**

Description: One to two trainers will be assigned to the class. The players will learn technical skills through fun activities and small sided games. Players will continue to develop listening skills, gross motor skills, problem solving, and ball skills in the program. Our hope is to instill passion for the sport. Questions can be directed to Nicole Petras, at [rvscrecsoccer@gmail.com](mailto:rvscrecsoccer@gmail.com). The classes run 7 weeks, weather and field conditions permitting. T-shirts will be provided to each registrant. Parents are responsible for size 3 ball, cleats, shin-guards and water.

### **RVSC FRESHMAN DIVISION**

Description: Players will receive technical training and play small sided games. All sessions will be lead by a RVSC Trainer. Players will not be assigned to a team, but rather will be split into different teams each week to maximize their abilities and develop friendships throughout the program. Players will receive a t-shirt. Parents are responsible for a properly inflated size 4 soccer ball, cleats, shin-guards and water.

### **RVSC JUNIOR DIVISION**

Description: Players will receive technical training and play small sided games. All sessions will be lead by a RVSC Trainer. Players will not be assigned to a team, but rather will be split into different teams each week to maximize their abilities and develop friendships throughout the program. Players will receive a t-shirt. Parents are responsible for a properly inflated size 4 soccer ball, cleats, shin-guards and water.

### **RVSC SENIOR DIVISION**

Description: Players will receive technical training and play small sided games. All sessions will be lead by a RVSC Trainer. Players will not be assigned to a team, but rather will be split into different teams each week to maximize their abilities and develop friendships throughout the program. Players will receive a t-shirt. Parents are responsible for a properly inflated size 5 soccer ball, cleats, shin-guards and water.