

Evaluation Criteria

a) *Set up and swing:*

- i) **Pre-shot routine**
 - (1) The player has an effective pre-shot routine.
- ii) **Grip**
 - (1) The player correctly uses an accepted golf grip. Grip is light and passes the pull and turn test.
- iii) **Stance**
 - (1) The player stands the correct distance from the ball and feet are the proper width apart,
 - (2) balance is correct.
- iv) **Posture**
 - (1) The player's spine angle and head position are correct;
 - (2) bends at the hips;
 - (3) knees slightly bent.
- v) **Alignment**
 - (1) The player can line up to a target.
 - (2) Feet, hips, and shoulders are aligned to target.
- vi) **Takeaway/Backswing**
 - (1) At 0 degrees and at top of backswing the club is parallel to target line.
 - (2) weight shifts to rear foot as body turns, no lateral movement.
- vii) **Downswing**
 - (1) Weight shifts to front side,
 - (2) club returns to the ball on the same plane,
 - (3) arms straight at impact.
- viii) **Follow-through**
 - (1) Club is parallel to target line at 0 degrees,
 - (2) belt buckle turns toward target,
 - (3) r-arm and club extend in straight line,
 - (4) v-position of arms retained,
 - (5) hands finish high
- ix) **Ball striking**
 - (1) The player consistently makes good contact with the ball.
- x) **Ball flight**
 - (1) The player's ball flight is correct and consistent.

b) *Putting:*

- i) **Head position**
 - (1) The player's eyes are just short of and slightly behind, or directly over, the ball
- ii) **Posture/Alignment**
 - (1) Shoulders and feet are parallel to the target, not open or closed
 - (2) ball position off the instep of the front foot
 - (3) minimal forward press
- iii) **Putting Stroke (body)**
 - (1) The player uses the shoulders and arms to make the putting motion,
 - (2) head remains still,
 - (3) wrists do not break.
 - (4) arms and putter travel at the same speed
- iv) **Putting Stroke (club)**
 - (1) The putter travels back and through along the target line,
 - (2) blade remains square throughout the stroke,
 - (3) acceleration through the putt
 - (4) **club continues down the target line**

c) *Chipping:*

- i) **Stance**
 - (1) Narrow stance,
 - (2) weight on front foot,
 - (3) ball in correct position for given shot,
 - (4) club pressed forward
- ii) **Alignment**
 - (1) Player is lined up to target,
 - (2) feet and shoulders are parallel to the target or slightly open
 - (3) club face is square to the target
- iii) **Backswing**
 - (1) Shoulders and arms used to move the club back,
 - (2) swing distance appropriate to shot.
- iv) **Follow-through**
 - (1) Acceleration,
 - (2) hands remain ahead of the ball,
 - (3) arm and club form a straight line into the finish
 - (4) hands continue to the hole