



TIGERS HOCKEY

www.csaha.com
www.tigershockey.org
www.tigersaaahockey.org
www.pueblotigershockey.org

2844 JANITELL ROAD STES A-D COLORADO SPRINGS, CO 80906

P.O. Box 1263 COLORADO SPRINGS, CO 80901

TRAINING FOR ELITE ATHLETES

Be prepared for Camps- Improve Skills and Habits!!

Summer AAA/Jr Elite is open to 2000-2005

This year's Tigers Summer Elite Camp will focus on the individual skill needs of its participants to include skating, agility, athleticism, appropriate tactics and high-level game situations in a select and competitive environment. This is a great opportunity to develop great habits and compete with players in your respective peer group for the coming season. Players prepping for specific Jr camps will be advised and conditioned appropriately leading in to events. Athletes will be afforded the opportunity to maximize speed, strength and scoring through an aggressive on/off ice program designed and directed by staff from NSCA, Midget, Junior coaches and former Tiger Players. This will be a six-week training cycle coordinated with Jr/exposure camps in mind.

May 28- July 18, 2019

On Ice - Twice Weekly Tue/Thur

00-02s 4:00pm / 03-05s 5:15pm (one exception, see master schedule)

(Two week Break late June/early July)

NSCA – Monday / Wednesday

00-02s 4:00pm / 03-05s 5:15pm

SDC – Wednesday

00-02s 5:15pm / 03-05s 6:20pm

Weekly open shooting/strength hours also available!!

We will also be offering our advising services to each player and family as part of the Summer Program. Setting out your summer exposure and training direction can be very overwhelming, and we will offer to personally meet and discuss options and direction for your future. Our staff will offer to help with solid honest direction navigating the mass amount of camps, emails and recruiting at this critical time.

COST \$595.00

To register go to the www.tigersaaahockey.org Home/Registration/Spring & Summer Camps menu.

These camps do fill up so register early!

“Someone is always working to improve and jump to the elite of the elite – be that athlete!”

**For more information contact U18 Head Coach Kevin Holmstrom
(kevin.holmstrom@tigersaaahockey.com)**