



U . S . S O C C E R F E D E R A T I O N

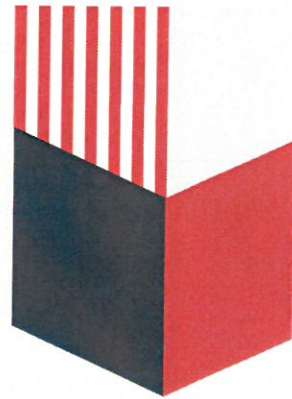
**PLAYER DEVELOPMENT
FRAMEWORK**

GAME FORMAT



U.S. SOCCER FEDERATION - TECHNICAL PLAN

THE GAME & DEVELOPMENT

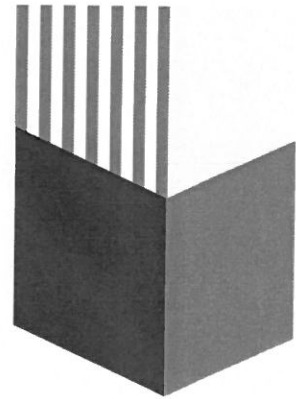


WE WANT CHILDREN TO PLAY GAMES IN AN APPROPRIATE ENVIRONMENT



U.S. SOCCER FEDERATION - TECHNICAL PLAN

THE GAME & DEVELOPMENT

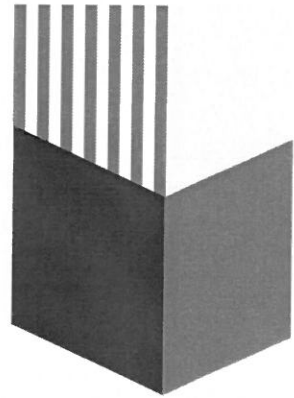


WE NEED SPECIFIC GAME FORMATS FOR EACH AGE, FORMATS THAT MEET THE NEEDS AND CHALLENGES OF CHILDREN, IN ORDER TO MAXIMIZE ENJOYMENT AND STIMULATE CREATIVITY BASED ON THE AGE CHARACTERISTICS



U.S. SOCCER FEDERATION - TECHNICAL PLAN

GAME FORMAT

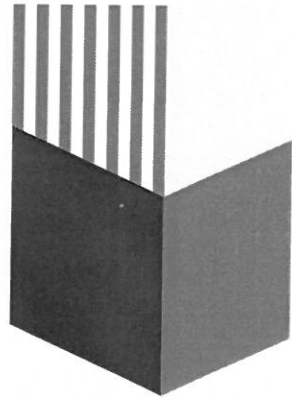


FORMATS MUST ALLOW FOR OPTIMAL DEVELOPMENT AND HAVING FUN WHILE PLAYING



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GAME FORMAT



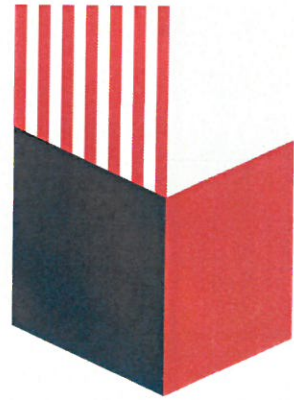
PUTTING FUN AND THE DEVELOPMENT OF THE PLAYERS FIRST

ASK CHILDREN WHAT THEY LIKE ABOUT THE GAME
EMBRACE THE PERSPECTIVE OF THE PLAYER



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GAME FORMAT



PUTTING FUN AND THE DEVELOPMENT OF THE PLAYERS FIRST

GAMES WITH LESS PLAYERS POSITIVELY IMPACT ENJOYMENT



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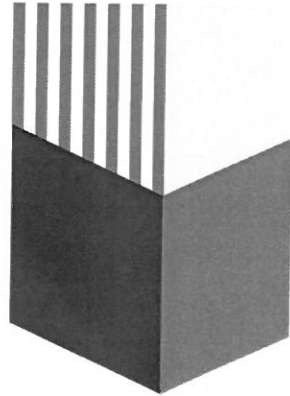
GAME FORMAT

APPROPRIATE CHALLENGE

SMALL SIDED GAMES

MORE FUN & ENHANCED DEVELOPMENT

PARTICIPATION AND SUCCESS AS MOTIVATIONAL FACTORS





U.S. SOCCER FEDERATION - TECHNICAL PLAN

GAME FORMAT

APPROPRIATE CHALLENGE

SMALL SIDED GAMES

MORE FUN & ENHANCED DEVELOPMENT

MORE ENGAGEMENT

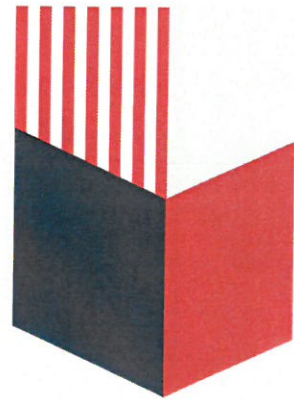
MORE PLAYER ACTIONS

MORE DECISIONS

MORE GOALS

MORE SUPPORT

MORE SMILES





U . S . S O C C E R F E D E R A T I O N

**PLAYER DEVELOPMENT
FRAMEWORK**

GAME FORMATION

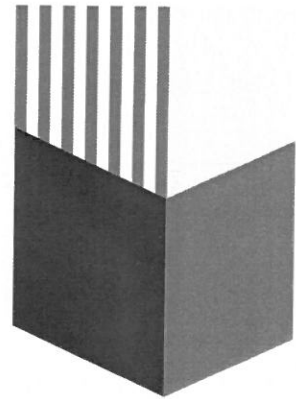


U.S. Soccer Player Development Framework Slide #41



U.S. SOCCER FEDERATION - TECHNICAL PLAN

GAME FORMATION



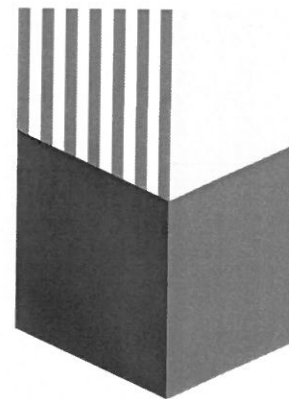
WHO IS IN FRONT OF US?

A PLAYER-CENTERED APPROACH TO PLAYING THE GAME
FOCUS ON CREATING A DEVELOPMENTALLY APPROPRIATE GAME ENVIRONMENT



U.S. SOCCER FEDERATION - TECHNICAL PLAN

GAME FORMATION



WHAT IS IMPORTANT TO DEVELOP AT THIS AGE?
HOW DOES THE GAME FORMATION IMPACT DEVELOPMENT ?
HOW DOES THE GAME FORMATION IMPACT FUN?

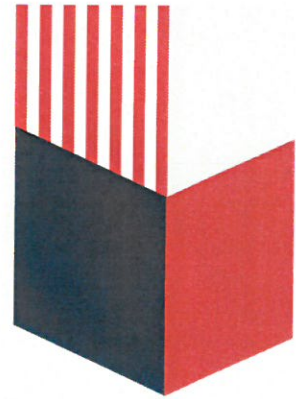
STRIVE TO CREATE FUN AND MAXIMIZE DEVELOPMENT

CHOICES AND IMPACT



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GAME FORMATION



1V1 AS A CENTRAL CONCEPT

MORE FOCUS ON INDIVIDUAL DEVELOPMENT

PARTICIPATION AND SUCCESS AS MOTIVATIONAL FACTORS

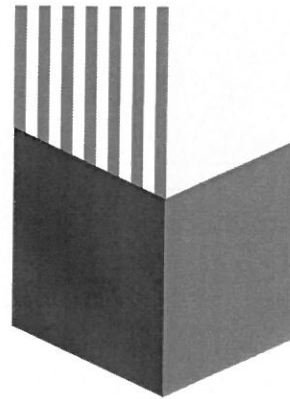


U.S. SOCCER FEDERATION - TECHNICAL PLAN

GAME FORMATION

INTRODUCTION TO FORMATIONS

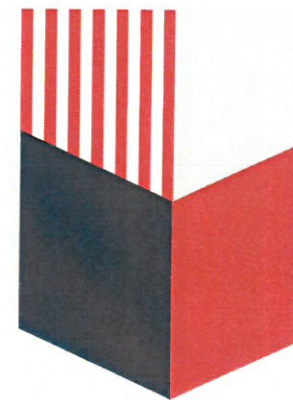
- The formation is the way we provide a **starting structure** to the team.
- A formation provides how we line up, gives **each player a position**, and **connects players on the field** without the specific context of a game moment or game situation.
- A formation exists of **different lines**.
- Many **different variations** exist.
- *The formation in which a team is playing **doesn't necessarily say something about the intentions of the team**.*





U.S. SOCCER FEDERATION - TECHNICAL PLAN

GAME FORMATION



4v4
U7-U8



7v7
U9-U10



9v9
U11-U12



11v11
U13+





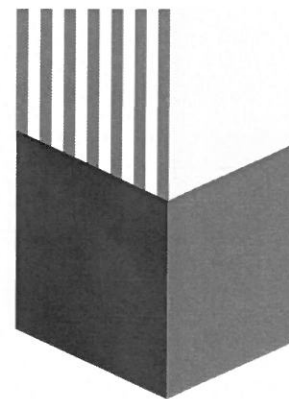
U . S . S O C C E R F E D E R A T I O N

**PLAYER DEVELOPMENT
FRAMEWORK**

PLAYER CENTERED



U.S. SOCCER FEDERATION - TECHNICAL PLAN
PLAYER-CENTERED



“SAFETY, BELONGING, FUN, AND DEVELOPMENT
AS KEY PILLARS
FOR A STIMULATING SOCCER EXPERIENCE”



FOCUS ON INDIVIDUAL DEVELOPMENT

CREATE A POSITIVE, SUPPORTIVE AND CHALLENGING LEARNING ENVIRONMENT

FUN

ALL PLAYERS:

- PLAY A LOT OF GAMES DURING PRACTICE THAT INVOLVE THE BALL AND SCORING OPPORTUNITIES
- ENJOY THEMSELVES WITH OTHERS AND CELEBRATE SUCCESS

DIGNITY & RESPECT

ALL PLAYERS:

- HAVE THE OPPORTUNITY TO EXPRESS THEMSELVES AND ARE LISTENED TO
- ARE TREATED FAIRLY AND ENCOURAGED BY THE COACH
- ARE SUPPORTED BY THE PARENTS
- TAKE ACTIVE PART IN EACH GAME & PLAY AT LEAST 50% OF THE TIME
- LEARN TO RESPECT RULES (LAWS OF THE GAME- FAIRPLAY)
- LEARN TO RESPECT OTHERS (FAIR AND HONEST TREATMENT OF PEOPLE)

SAFETY

ALL PLAYERS:

- PLAY IN PHYSICALLY SAFE CONDITIONS
- ARE FREE FROM INTIMIDATION, HARASSMENT, AND BULLYING
- PLAY WITHOUT BEING UNDER PRESSURE TO GET RESULTS

DEVELOPMENT

ALL PLAYERS:

- EXPERIENCE THE APPROPRIATE LEVEL OF CHALLENGE IN TRAINING AND COMPETITION
- ARE CHALLENGED TO MAKE OWN DECISIONS, TAKE INITIATIVE AND BE RESPONSIBLE
- LEARN & IMPROVE THEIR SOCCER SKILLS
- RECEIVE CONSTRUCTIVE FEEDBACK
- EFFORTS ARE VALUED (BUILD SELF-ESTEEM)
- LEARN TO COLLABORATE AS TEAMMATES
- BUILD RELATIONSHIPS

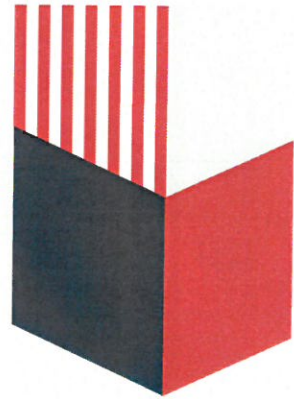
CREATE A CULTURE OF BELONGING

ALL PLAYERS ARE ENCOURAGED TO PARTICIPATE, GIVE THEIR BEST, AND HAVE FUN



U.S. SOCCER FEDERATION - TECHNICAL PLAN

PLAYER CENTERED



SOCCER IS A GAME OF EMOTIONS

PLAYERS EXPERIENCE MANY EMOTIONS DURING GAMES AND PRACTICE

A GAME IS AN INTENSE EXPERIENCE WITH DIFFERENT KINDS OF QUICKLY CHANGING EMOTIONS

JOY - HAPPINESS - CONFIDENCE - FRUSTRATION - DISAPPOINTMENT - ANXIETY - GUILT - PRIDE



U.S. SOCCER FEDERATION - TECHNICAL PLAN

PLAYER CENTERED

IMPORTANCE OF EMOTIONS: BEHAVIORAL AWARENESS

- We acknowledge that everyone has emotions
- We recognize our emotions (and the ones of others) and understand them
- We talk about emotions (check-in)
- We manage our emotions instead of allowing them to control us

