

## Parents Code of Conduct



### 7U FLAG - PARENT CODE

We, the Chesterfield Quarterback League have implemented the following Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league. Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

#### Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness, • Respect, • Responsibility, • Fairness, • Caring, and • Good Citizenship.

The highest potential of sports is achieved when competition reflects these "six pillars of character."

#### **I therefore agree:**

**I will NOT be a sideline coach or referee. I will limit my comments to positive reinforcement and encouragement to my child and his teammates.**

I will lead by example in exhibiting sportsmanship and fair play at every practice and game competition. I will encourage this behavior from other coaches, players, officials, parents and supporters

I will place the emotional and physical well-being of my child ahead of a personal desire to win. Winning should be the result of preparation, hard work and discipline.

If my child develops a behavior-related problem that repeatedly disrupts practice and/or games, I promise to work with my child's coach to resolve the problem.

I will do my very best to make football fun for my child and his teammates.

I promise to treat other fans, coaches, players, and officials with respect, regardless of race, sex, or ability, and I will expect to be treated the same in return.

I will not engage in physical or verbal confrontations with players, coaches, officials or fans before, during or after practices or game competitions.

I will refrain from the use of foul or offensive language.

I will provide encouragement to my child and teammates. I will refrain from making negative comments to my child or his teammates.

I will support the coaches and officials working with my child in order to encourage a positive and enjoyable experience for all.

I will be gracious in victory and dignified in defeat.

I will remember that the game is for my child and their teammates, not for adults.

I will remember that as a fan, I represent the Chesterfield Quarterback League. I understand that any concerns about officiating and/or coaching during a game must be directed to the team manager. I also understand that poor behavior during practices, games, may result in expulsion from the football complex, where I must wait next to my car in the parking area for my child. If this occurs, it may result in expulsion from the club.

I will not force my child to participate in sports.

I will remember that children participate to have fun and that the game is for youth, not adults. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.

I will learn the rules of the game and the policies of the league.

I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.

I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as boozing and taunting; refusing to shake hands; or using profane language or gestures.

I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.

I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.

I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.

I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.

I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.

I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.

I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.

I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I, as a parent, understand that 7U Flag is a contact division. CQL does not require associations to wear any protective pads at this age (ie Soft helmets, padded pants, and/or integrated padded compression shirts).

The above protective gear can be worn, if suited and permitted by your association.

Blocking, contact, and some physicality will occur. I understand that my child may get knocked down. I understand that my child will get contacted.

I hereby sign off on all legal contact that happens in practice and within in all CQL regulated games. By signing this document, any spectators for the athlete participating, will be held to the above standards of this Code of Conduct.

Parent/Guardian Name (print) \_\_\_\_\_ Date \_\_\_\_\_ Athlete/Child Name (print) \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_