



P A R E N T S O F 0 - 5 Y E A R O L D S

Talk, read and write with your child every day!

Your child is growing fast and is excited to learn. Try these easy things you can do at home.

Look at books. Almost from the day they are born, children love to read and be read to. Talk about the pictures and let them ask questions.

Ask questions. Encourage your child to answer questions about what's going on around them.

Point out letters. Put magnetic letters on your refrigerator and help your child spell out short words (Mom, Dad, their name). Show your child letters on signs and in stores and talk about their sounds.

Let them scribble. Give your child paper and pencils or crayons and let them "pretend write" letters to family members, "sign" their name and make shapes.

Visit the library. Your local library can help find books that your child will enjoy – for free! Libraries also have books on tape; your child can turn the book pages while listening to the tape.

Read children's poems. Any poems that rhyme are fun to say and help your child learn about sounds.

Make books. Fold a few pieces of paper in half, cut pictures out of magazines, paste them in your book, and together make up a story to go with the pictures.

Limit TV. Select programs that teach your child something. Don't use TV as a babysitter. Encourage other activities.



School success begins at birth!